

Southern Senior Inter-Counties - Overall and Mens Results - Julie Rose, Ashford 14/07/2019

Overall Results

| | | |
|---|---------------|-----|
| 1 | Essex | 736 |
| 2 | Kent | 726 |
| 3 | Surrey | 671 |
| 4 | Middlesex | 481 |
| 5 | Sussex | 370 |
| 6 | Hampshire | 232 |
| 7 | Hertfordshire | 15 |

Mens Results

| | | |
|---|-----------|-----|
| 1 | Essex | 420 |
| 2 | Kent | 366 |
| 3 | Surrey | 281 |
| 4 | Middlesex | 257 |
| 5 | Sussex | 197 |

A String

| Pos | Cnty | Athlete | Perf |
|-----|------|---------|------|
|-----|------|---------|------|

B String

| Pos | Cnty | Athlete | Perf |
|-----|------|---------|------|
|-----|------|---------|------|

100m

w/s 1.4

| | | | | |
|---|----|---------------------------|-----------|-------|
| 1 | 19 | Luke Dorrel | Surrey | 10.52 |
| 2 | 10 | Korede Awe | Kent | 10.74 |
| 3 | 13 | Keano-Elliott Paris-Samue | Middlesex | 10.75 |
| 4 | 1 | Rashan Stewart | Essex | 10.77 |
| 5 | 22 | Bryn Smith (U20M) | Sussex | 11.15 |

w/s 1.7

| | | | | |
|---|----|---------------------|-----------|-------|
| 1 | 14 | Christian Anuyagu | Middlesex | 10.90 |
| 2 | 2 | Daniel Jones (U20M) | Essex | 10.93 |
| 3 | 11 | Jack Lennard | Kent | 11.02 |
| 4 | 23 | Jimmy Seacombe | Sussex | DIS |

100m Non Scoring

w/s

| | | | | | |
|---|-----|-----------------|-------|-------|-----|
| 1 | 101 | Shandell Taylor | Essex | 11.20 | 1.7 |
|---|-----|-----------------|-------|-------|-----|

w/s

| | | | | | |
|--|--|--|--|--|--|
| | | | | | |
|--|--|--|--|--|--|

200m

w/s 1.2

| | | | | |
|---|----|---------------------------|-----------|-------|
| 1 | 19 | Luke Dorrel | Surrey | 21.08 |
| 2 | 13 | Keano-Elliott Paris-Samue | Middlesex | 21.55 |
| 3 | 23 | Jimmy Seacombe | Sussex | 21.64 |
| 4 | 1 | Rashan Stewart | Essex | 21.74 |
| 5 | 11 | Jack Lennard | Kent | 21.97 |

w/s 1.2

| | | | | |
|---|----|---------------------|--------|-------|
| 1 | 22 | Bryn Smith (U20M) | Sussex | 22.15 |
| 2 | 2 | Daniel Jones (U20M) | Essex | 22.20 |
| 3 | 10 | Korede Awe | Kent | 22.73 |

400m

| | | | | |
|---|----|-----------------------|-----------|-------|
| 1 | 22 | Matthew Overall | Sussex | 48.69 |
| 2 | 13 | Columba Blangc | Middlesex | 49.59 |
| 3 | 2 | Charlie Shingletor | Essex | 49.84 |
| 4 | 19 | Will Stapleton (U20M) | Surrey | 50.96 |
| 5 | 10 | George Clements | Kent | 51.21 |

| | | | | |
|---|----|----------------------|-----------|-------|
| 1 | 1 | Lewis Thorn | Essex | 50.11 |
| 2 | 20 | Max Perez-Diaz | Surrey | 50.98 |
| 3 | 14 | Kareem Selma-Jacksor | Middlesex | 51.36 |

800m

| | | | | |
|---|----|----------------------|-----------|---------|
| 1 | 2 | Paul Grange (M40) | Essex | 1:55.07 |
| 2 | 19 | Harry Boyd (U20M) | Surrey | 1:55.33 |
| 3 | 11 | Kieran Reilly | Kent | 1:55.43 |
| 4 | 22 | Sam Wilkinson (U20M) | Sussex | 1:57.96 |
| 5 | 13 | Mittio Mohammadiar | Middlesex | 2:01.74 |

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|---|----|-----------------------|-----------|---------|
| 1 | 10 | Kieran Elanc | Kent | 1:57.06 |
| 2 | 1 | Alex Richards | Essex | 1:57.56 |
| 3 | 14 | Andre Rai | Middlesex | 2:02.50 |
| 4 | 23 | Joe Claysor | Sussex | 2:07.37 |
| 5 | 20 | Will Stapleton (U20M) | Surrey | 2:45.82 |

1500m

| | | | | |
|---|----|-----------------|-----------|---------|
| 1 | 11 | Kieran Reilly | Kent | 3:54.40 |
| 2 | 19 | George Dolnei | Surrey | 3:55.89 |
| 3 | 22 | Max Pickard | Sussex | 3:57.50 |
| 4 | 13 | Charles Hardy | Middlesex | 3:59.13 |
| 5 | 1 | Stephen Strange | Essex | 4:05.14 |

| | | | | |
|---|----|-------------------------|-----------|---------|
| 1 | 2 | Alec Finch | Essex | 4:06.78 |
| 2 | 10 | Harrison Tremain (U20M) | Kent | 4:11.09 |
| 3 | 23 | Reuben Hoyte | Sussex | 4:13.53 |
| 4 | 14 | Seyfu Jamaa | Middlesex | 4:15.42 |

5000m

| | | | | |
|---|----|-----------------------|-----------|----------|
| 1 | 22 | Gary Foster | Sussex | 15:09.68 |
| 2 | 10 | Jim Allchin | Kent | 15:12.86 |
| 3 | 13 | Seyfu Jamaa | Middlesex | 15:13.62 |
| 4 | 2 | Edward Mitchell (M35) | Essex | 15:24.64 |
| 5 | 19 | Alex Hobley | Surrey | 16:39.54 |

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|---|----|-----------------------|-----------|----------|
| 1 | 12 | Marshall Smith (U20M) | Kent | 15:16.13 |
| 2 | 3 | Angus Holford | Essex | 15:29.61 |
| 3 | 23 | Matt Bradford (M35) | Sussex | 15:40.51 |
| 4 | 14 | Matt Kitching | Middlesex | 16:28.21 |

5000m Non Scoring

| | | | | |
|---|----|---------------------|-------|----------|
| 1 | 11 | Oliver Prior (U20M) | Kent | 15:37.77 |
| | 1 | Euan Brown | Essex | DNF |

110m HURDLES

w/s 0.7

| | | | | |
|---|----|----------------|--------|-------|
| 1 | 19 | Rushane Thomas | Surrey | 14.43 |
| 2 | 11 | Lewis Church | Kent | 14.88 |
| 3 | 1 | Kristian Brown | Essex | 15.46 |

w/s 0.7

| | | | | |
|---|----|-----------------------|--------|-------|
| 1 | 20 | Reece Young | Surrey | 14.66 |
| 2 | 10 | Konrad Farrall (U20M) | Kent | 18.86 |
| 3 | 2 | Joe McGrath (M35) | Essex | 21.72 |

400m HURDLES

| | | | | |
|---|----|-----------------------|-----------|-------|
| 1 | 13 | Sam Shore | Middlesex | 54.81 |
| 2 | 10 | Lewis Heffernan | Kent | 57.44 |
| 3 | 1 | Rhys Collings | Essex | 58.67 |
| 4 | 19 | Will Stapleton (U20M) | Surrey | 59.17 |

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|---|---|----------------|-------|-------|
| 1 | 2 | Luke Keteleers | Essex | 61.41 |
|---|---|----------------|-------|-------|

3000m STEEPLECHASE

| | | | | |
|---|----|------------------|-----------|----------|
| 1 | 10 | Bayley Masse | Kent | 9:51.55 |
| 2 | 13 | Oliver Newtor | Middlesex | 9:56.42 |
| 3 | 22 | Calum Upton | Sussex | 10:02.07 |
| 4 | 1 | Lee Taylor (M40) | Essex | 10:36.29 |

3000m Walk

| | | | | |
|---|----|--------------------|--------|----------|
| 1 | 1 | Dominic King (M45) | Essex | 12:02.92 |
| 2 | 10 | Luc Legon | Kent | 12:55.30 |
| 3 | 22 | Trevor Jones (M60) | Sussex | 16:22.63 |

3000m Walk Non Scoring

| | | | | |
|---|----|----------------------|------|----------|
| 1 | 12 | Alex Macheath (U17M) | Kent | 15:47.71 |
|---|----|----------------------|------|----------|

HIGH JUMP

| | | | | |
|---|----|---------------------------|-----------|------|
| 1 | 19 | Oliver Joint (U20M) | Surrey | 1.95 |
| 2 | 2 | Shandell Taylor | Essex | 1.90 |
| 3 | 11 | Omobodunde Balogun (U20M) | Kent | 1.85 |
| 4 | 14 | Oscar Gjesdal | Middlesex | 1.85 |

POLE VAULT

| | | | | |
|---|----|-------------------|--------|------|
| 1 | 10 | Pedro Gleadal | Kent | 4.60 |
| 2 | 19 | Emmanuel Thomas | Surrey | 4.40 |
| 3 | 1 | Joe McGrath (M35) | Essex | 3.10 |

LONG JUMP

| | | | | | | |
|---|----|--------------------------|-----------|------|------|-----|
| 1 | 22 | Rafe Brooks (U20M) | Sussex | 6.47 | w/s | 0.0 |
| 2 | 13 | Joshua Barrett-Mowat | Middlesex | 6.35 | -0.4 | |
| 3 | 2 | Mitchell Lawrence (U20M) | Essex | 6.31 | -1.4 | |
| 4 | 11 | Ashley Buckman | Kent | 6.21 | -1.9 | |
| 5 | 19 | Justin Tarrant | Surrey | 5.90 | -0.5 | |

TRIPLE JUMP

| | | | | | | |
|---|----|--------------------|-----------|-------|------|------|
| 1 | 1 | Kevin Brown | Essex | 13.80 | w/s | -0.3 |
| 2 | 13 | Joel Bright-Davies | Middlesex | 13.32 | -2.1 | |
| 3 | 10 | Ashley Buckman | Kent | 13.17 | -0.6 | |
| 4 | 19 | Harry Boyd (U20M) | Surrey | 9.78 | +0.2 | |

SHOT

| | | | | |
|---|----|------------------|-----------|-------|
| 1 | 19 | Thomas Bullen | Surrey | 13.71 |
| 2 | 2 | Archie Leeming | Essex | 13.55 |
| 3 | 14 | Izaiah Turner | Middlesex | 11.70 |
| 4 | 10 | Alexander Hookwa | Kent | 10.78 |

DISCUS

| | | | | |
|---|----|---------------------|-----------|-------|
| 1 | 1 | Matt Baptiste | Essex | 43.97 |
| 2 | 20 | Thomas Bullen | Surrey | 42.28 |
| 3 | 11 | Douglas Noel (U20M) | Kent | 37.19 |
| 4 | 13 | Joel Hawes | Middlesex | 30.44 |

HAMMER

| | | | | |
|---|----|---------------------|--------|-------|
| 1 | 19 | Samuel Mace (U20M) | Surrey | 54.56 |
| 2 | 1 | Billy Prain-Singh | Essex | 54.12 |
| 3 | 10 | Graham Holder (M45) | Kent | 48.41 |
| 4 | 23 | Matthew Evans | Sussex | 46.62 |

JAVELIN

| | | | | |
|---|----|----------------------|-----------|-------|
| 1 | 23 | Scott Staples (U20M) | Sussex | 60.14 |
| 2 | 1 | Craig Lacy | Essex | 55.73 |
| 3 | 13 | Benjamin Taylor | Middlesex | 49.92 |
| 4 | 11 | Lewis Church | Kent | 47.72 |
| 5 | 19 | Justin Tarrant | Surrey | 38.39 |

4x100m RELAYS

| | | | | |
|---|----|--------|---|-------|
| 1 | 1 | Essex | Daniel Jones (U20M), Shandell Taylor, Lewis Thorn, Rashan Stewart | 43.10 |
| 2 | 10 | Kent | Lewis Church, Jack Lennard, Konrad Farrall (U20M), Lewis Smith | 44.37 |
| | 22 | Sussex | Bryn Smith (U20M), Matthew Overall, Calum Upton, Jimmy Seacombe | DNF |

4x400m RELAYS

| | | | | |
|---|----|-----------|--|---------|
| 1 | 1 | Essex | Lewis Thorn, Stephen Strange, Mitchell Lawrence (U20M), Charlie Shingleton | 3:23.95 |
| 2 | 13 | Middlesex | Columba Blango, Kareem Selma-Jackson, Adrian Richards, Mittio Mohammadian | 3:25.97 |

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|---|---|------------------------|-------|----------|
| 1 | 2 | Innes Fullerton (U20M) | Essex | 10:48.40 |
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|---|----|----------------------|-------|----------|
| 1 | 2 | Daniel King (M35) | Essex | 12:51.21 |
| 2 | 11 | Matthew Crane (U20M) | Kent | 13:33.72 |
| | | | | |
| | | | | |

| | | | | |
|---|----|-----------------------|-----------|------|
| 1 | 13 | Noel Reid | Middlesex | 1.75 |
| 2 | 1 | Regan Cuthbert | Essex | 1.70 |
| | 20 | George Hopkins (U17M) | Surrey | nm |
| | | | | |

| | | | | |
|---|----|-----------------------|--------|------|
| 1 | 20 | George Hopkins (U17M) | Surrey | 4.30 |
| 2 | 11 | Luke Williams | Kent | 3.60 |
| 3 | 2 | Luke Keteleers | Essex | 2.20 |

| | | | | | | |
|---|----|-----------------|-------|------|-----|-----|
| 1 | 10 | Lewis Smith | Kent | 6.13 | w/s | 0.0 |
| 2 | 1 | Shandell Taylor | Essex | 5.12 | 0.0 | |
| | | | | | | |
| | | | | | | |

| | | | | | | |
|---|----|----------------|-----------|-------|------|------|
| 1 | 11 | Lewis Smith | Kent | 13.08 | w/s | +0.3 |
| 2 | 2 | Emmanuel Gbegi | Essex | 12.96 | -1.2 | |
| 3 | 14 | Oscar Gjesdal | Middlesex | 12.11 | -0.4 | |
| | | | | | | |

| | | | | |
|---|----|------------------------|--------|-------|
| 1 | 20 | Justin Tarrant | Surrey | 11.92 |
| 2 | 1 | Matt Baptiste | Essex | 11.43 |
| 3 | 11 | Vitor Hugo Brito Costa | Kent | 9.41 |
| | | | | |

| | | | | |
|---|----|------------------|--------|-------|
| 1 | 19 | Justin Tarrant | Surrey | 37.96 |
| 2 | 2 | Kristian Brown | Essex | 36.92 |
| 3 | 10 | Alexander Hookwa | Kent | 35.00 |
| | | | | |

| | | | | |
|---|----|----------------------|--------|-------|
| 1 | 2 | Peter Clarke | Essex | 51.93 |
| 2 | 20 | Gareth Cook | Surrey | 50.37 |
| 3 | 22 | Simon Evans | Sussex | 44.57 |
| 4 | 11 | Charlie Short (U20M) | Kent | 34.94 |

| | | | | |
|---|----|--------------------|--------|-------|
| 1 | 22 | Edan Cole (U20M) | Sussex | 58.74 |
| 2 | 2 | Jess Walker (U20M) | Essex | 52.96 |
| 3 | 10 | Douglas Noe | Kent | 45.34 |
| | | | | |
| | | | | |

Southern Senior Inter-Counties - Overall and Womens Results - Julie Rose, Ashford 14/07/2019

Overall Results

| | | |
|---|---------------|-----|
| 1 | Essex | 736 |
| 2 | Kent | 726 |
| 3 | Surrey | 671 |
| 4 | Middlesex | 481 |
| 5 | Sussex | 370 |
| 6 | Hampshire | 232 |
| 7 | Hertfordshire | 15 |

Results

| | | |
|---|---------------|-----|
| 1 | Surrey | 390 |
| 2 | Kent | 360 |
| 3 | Essex | 316 |
| 4 | Hampshire | 232 |
| 5 | Middlesex | 224 |
| 6 | Sussex | 173 |
| 7 | Hertfordshire | 15 |

A String

| Pos | | Athlete | County | Perf |
|-----|--|---------|--------|------|
|-----|--|---------|--------|------|

100m

w/s 0.0

| | | | | |
|---|----|----------------------|-----------|-------|
| 1 | 1 | Rebecca Jeggo (U20W) | Essex | 11.87 |
| 2 | 13 | Leanza Dwaal | Middlesex | 12.02 |
| 3 | 19 | Lucy Hoad | Surrey | 12.29 |
| 4 | 10 | Eloise Harvey (U20W) | Kent | 12.40 |
| 5 | 22 | Louisa Saunders | Sussex | 12.76 |
| 6 | 4 | Devon Mathe | Hampshire | 12.94 |

200m

w/s 1.0

| | | | | |
|---|----|----------------------|-----------|-------|
| 1 | 1 | Rebecca Jeggo (U20W) | Essex | 24.36 |
| 2 | 13 | Leanza Dwaal | Middlesex | 24.85 |
| 3 | 19 | Lucy Hoad | Surrey | 25.62 |
| 4 | 22 | Beckie Quirke | Sussex | 25.88 |
| 5 | 4 | Devon Mathe | Hampshire | 26.63 |
| 6 | 10 | Emma-Louise Wagstaff | Kent | 27.15 |

400m

| | | | | |
|---|----|---------------------|-----------|-------|
| 1 | 22 | Holly Turner | Sussex | 55.02 |
| 2 | 10 | Krystal Galley | Kent | 55.35 |
| 3 | 13 | Natassja Allin | Middlesex | 56.49 |
| 4 | 19 | Jasmine Mitchel | Surrey | 56.70 |
| 5 | 4 | Ellie Farrow (U20W) | Hampshire | 59.66 |
| 6 | 1 | Krystal Balogur | Essex | 74.72 |

800m

| | | | | |
|---|----|---------------------|-----------|---------|
| 1 | 20 | Hannah Brooks | Surrey | 2:10.66 |
| 2 | 10 | Kathryn Suttor | Kent | 2:13.43 |
| 3 | 4 | Emily Jenkinson | Hampshire | 2:17.01 |
| 4 | 23 | Rhian Male | Sussex | 2:21.51 |
| 5 | 13 | Amelia Casey (U20W) | Middlesex | 2:28.52 |

1500m

| | | | | |
|---|----|--------------------|-----------|---------|
| 1 | 11 | Lily Cowarc | Kent | 4:32.62 |
| 2 | 1 | Emma Hayley | Essex | 4:46.56 |
| 3 | 19 | Fiona de Maun | Surrey | 4:48.28 |
| 4 | 22 | Ruby Whyte-Wilding | Sussex | 4:51.11 |
| 5 | 13 | Lily Woolcock | Middlesex | 4:51.47 |
| 6 | 5 | Amber Foull | Hampshire | 5:17.01 |

3000m

| | | | | |
|---|----|--------------------|-----------|----------|
| 1 | 22 | Maisie Trafford | Sussex | 9:56.66 |
| 2 | 10 | Elizabeth Clarke | Kent | 10:00.82 |
| 3 | 1 | Kate O'Neil (U20W) | Essex | 10:12.41 |
| 4 | 13 | Julia Bijl | Middlesex | 10:23.52 |
| 5 | 4 | Emma Stevens | Hampshire | 10:25.50 |
| 6 | 19 | Naomi Lenane | Surrey | 10:30.56 |

3000m Non Scoring

| | | | | |
|---|----|-------------------|------|----------|
| 1 | 12 | Victoria Croucher | Kent | 11:09.24 |
|---|----|-------------------|------|----------|

100m HURDLES

w/s 1.5

| | | | | |
|---|----|------------------------|--------|-------|
| 1 | 20 | Mallory Cluley | Surrey | 13.92 |
| 2 | 1 | Jessica Hopkins (U20W) | Essex | 14.87 |
| 3 | 10 | Zoe Austridge (U20W) | Kent | 15.62 |

400m HURDLES

| | | | | |
|---|----|--------------------------|-----------|-------|
| 1 | 1 | Hayley McLear | Essex | 58.22 |
| 2 | 14 | Akasha Smith | Middlesex | 61.57 |
| 3 | 19 | Mae Thompsor | Surrey | 61.74 |
| 4 | 10 | Eleanor Wastell (U20W) | Kent | 65.66 |
| 5 | 4 | Ellie Livingstone (U20W) | Hampshire | 65.76 |

B String

| Pos | | Athlete | County | Perf |
|-----|--|---------|--------|------|
|-----|--|---------|--------|------|

w/s 1.8

| | | | | |
|---|----|-------------------|-----------|-------|
| 1 | 14 | Brittany Robinsor | Middlesex | 12.47 |
| 2 | 20 | Mae Thompsor | Surrey | 12.73 |
| 3 | 11 | Jessica Murphy | Kent | 12.87 |
| 4 | 2 | Jasmin Okoye | Essex | 13.00 |

w/s 0.4

| | | | | |
|---|----|-------------------|-----------|-------|
| 1 | 14 | Brittany Robinsor | Middlesex | 25.65 |
| 2 | 20 | Ashleigh Clarke | Surrey | 25.67 |
| 3 | 2 | Joanne Ryar | Essex | 26.19 |
| 4 | 11 | Jessica Murphy | Kent | 26.93 |

| | | | | |
|---|----|--------------------|-----------|-------|
| 1 | 11 | Asha Root (U20W) | Kent | 57.86 |
| 2 | 23 | Louisa Saunders | Sussex | 59.41 |
| 3 | 2 | Emily Sharp (U20W) | Essex | 59.91 |
| 4 | 20 | Chloe Crossman | Surrey | 60.66 |
| 5 | 14 | Alice Hunter | Middlesex | 61.38 |

| | | | | |
|---|----|----------------|--------|---------|
| 1 | 19 | Chloe Crossman | Surrey | 2:12.88 |
| 2 | 11 | Chloe Sharp | Kent | 2:15.12 |
| | 22 | Leah Harris | Sussex | DNF |

| | | | | |
|---|----|--------------------|-----------|---------|
| 1 | 10 | Sabrina Sinha | Kent | 4:35.14 |
| 2 | 2 | Alicia Mcardel | Essex | 4:50.77 |
| 3 | 14 | Jennifer Wing | Middlesex | 5:00.16 |
| 4 | 20 | Fiona Bishop (W60) | Surrey | 7:11.27 |

| | | | | |
|---|----|----------------------|-----------|----------|
| 1 | 23 | Emma Navese | Sussex | 10:16.37 |
| 2 | 2 | Ginte Jatulyte | Essex | 10:29.86 |
| 3 | 20 | Sophie Hoare (U20W) | Surrey | 10:35.00 |
| 4 | 14 | Catriona Patersor | Middlesex | 10:44.47 |
| 5 | 11 | Lara Atkinson (U20W) | Kent | 10:54.33 |

w/s 1.5

| | | | | |
|---|----|------------------------|--------|-------|
| 1 | 19 | Twinelle Hopeson-Moffa | Surrey | 14.63 |
| 2 | 2 | Jessica Whiley (U20W) | Essex | 17.36 |

| | | | | |
|---|----|-----------------|-----------|-------|
| 1 | 2 | Chay Clark | Essex | 61.38 |
| 2 | 13 | Montana Jacksor | Middlesex | 62.52 |
| 3 | 20 | Hannah Knights | Surrey | 66.95 |

2000m STEEPLE CHASE

| | | | | |
|---|----|-------------------|---------------|---------|
| 1 | 13 | Eilish O'Grady | Middlesex | 7:25.29 |
| 2 | 7 | Claire Bentley | Hertfordshire | 7:39.43 |
| 3 | 4 | Amy Bream | Hampshire | 7:46.47 |
| 4 | 19 | Lisa Thomas (W50) | Surrey | 7:52.31 |

3000m Walk

| | | | | |
|---|----|----------------------|-----------|----------|
| 1 | 11 | Emily Ghose | Kent | 15:39.90 |
| 2 | 1 | Emma Dyos (W40) | Essex | 16:50.62 |
| 3 | 4 | Susan Davies | Hampshire | 18:54.65 |
| 4 | 13 | Maureen Noel (W55) | Middlesex | 19:35.61 |
| 5 | 19 | Jules Del Nevo (W45) | Surrey | 20:10.19 |

3000m Walk Non Scoring

| | | | | |
|--|----|----------------------|------|-----|
| | 12 | Beatrice Fury (U20W) | Kent | DNF |
|--|----|----------------------|------|-----|

HIGH JUMP

| | | | | |
|---|----|-----------------------|-----------|------|
| 1 | 10 | Deborah Martir | Kent | 1.80 |
| 2 | 1 | Laura Armorgie | Essex | 1.70 |
| 3 | 4 | Jessica Gordon (U20W) | Hampshire | 1.65 |
| 4 | 20 | Hannah Griffin (U20W) | Surrey | 1.45 |

POLE VAULT

| | | | | |
|---|----|----------------------|-----------|------|
| 1 | 14 | Megan Bailey | Middlesex | 3.60 |
| 2 | 20 | Sam Morrisor | Surrey | 3.40 |
| 3 | 1 | Tina Quinlivan (W40) | Essex | 2.90 |
| 4 | 10 | Grace Thomas | Kent | 2.70 |
| 5 | 4 | Claudia Cabbage | Hampshire | 2.20 |

LONG JUMP

| | | | | | | |
|---|----|------------------------|-----------|------|-----|------|
| 1 | 11 | Eloise Harvey (U20W) | Kent | 5.80 | w/s | 0.0 |
| 2 | 22 | Livvy Connoi | Sussex | 5.08 | | 0.0 |
| 3 | 19 | Kerri Davidsor | Surrey | 5.08 | | -1.4 |
| 4 | 4 | Madeline Wilton (U20W) | Hampshire | 4.97 | | -0.9 |
| 5 | 1 | Charlotte Skeggs | Essex | 4.73 | | 0.0 |

TRIPLE JUMP

| | | | | | | |
|---|----|-------------------------|-----------|-------|-----|------|
| 1 | 10 | Eloise Harvey (U20W) | Kent | 12.30 | w/s | -0.9 |
| 2 | 20 | Kerri Davidsor | Surrey | 11.47 | | 0.0 |
| 3 | 1 | Denesha Rocastle (U20W) | Essex | 11.21 | | -0.1 |
| 4 | 4 | Madeline Wilton (U20W) | Hampshire | 10.78 | | -0.3 |

SHOT

| | | | | |
|---|----|------------------------|-----------|-------|
| 1 | 19 | Eleanor Gatrell (W40) | Surrey | 11.81 |
| 2 | 4 | Heather Cabbage (U20W) | Hampshire | 11.66 |
| 3 | 14 | Harriet Connoi | Middlesex | 10.82 |
| 4 | 1 | Melanie Harrisor | Essex | 10.64 |
| 5 | 11 | Vanessa Hannam (W45) | Kent | 10.55 |

DISCUS

| | | | | |
|---|----|------------------------|-----------|-------|
| 1 | 4 | Heather Cabbage (U20W) | Hampshire | 46.04 |
| 2 | 20 | Sophie Mace | Surrey | 45.09 |
| 3 | 1 | Melanie Harrisor | Essex | 38.74 |
| 4 | 11 | Vanessa Hannam (W45) | Kent | 35.76 |
| 5 | 13 | Harriet Connoi | Middlesex | 34.30 |

HAMMER

| | | | | |
|---|----|------------------------|-----------|-------|
| 1 | 19 | Pippa Wingate | Surrey | 58.02 |
| 2 | 10 | Molly Walsh (U20W) | Kent | 51.68 |
| 3 | 4 | Heather Cabbage (U20W) | Hampshire | 51.12 |
| 4 | 22 | Vicki Pellett | Sussex | 44.66 |
| 5 | 13 | Abigail Moronkej | Middlesex | 26.15 |

JAVELIN

| | | | | |
|---|----|--------------------|--------|-------|
| 1 | 1 | Louise Lacy | Essex | 43.12 |
| 2 | 19 | Nicola Bell (U20W) | Surrey | 41.20 |
| 3 | 10 | Paige Macheatf | Kent | 34.34 |
| 4 | 22 | April Hounslow | Sussex | 21.80 |

4x100m RELAYS

| | | | | |
|---|----|--------|--|-------|
| 1 | 19 | Surrey | Twinelle Hopeson-Moffat, Mallory Cluley (U20W), Cheyanne Evans-Gray, Ashleigh Clarke | 46.95 |
| 2 | 22 | Sussex | Louisa Saunders, April Hounslow, Beckie Quirke, Holly Turner | 50.83 |
| 3 | 1 | Essex | Rebecca Jeggo (U20W), Jasmin Okoye, Jessica Hopkins (U20W), Jessica Whiley (U20W) | 51.06 |
| 4 | 10 | Kent | Eloise Harvey (U20W), Jessica Murphy, Emma-Louise Wagstaff, Bonnie Maugey | 51.81 |

4x400m RELAYS

| | | | | |
|---|----|-----------|---|---------|
| 1 | 10 | Kent | Krystal Galley, Asha Root (U20W), Sabrina Sinha, Kathryn Sutton | 3:53.26 |
| 2 | 19 | Surrey | Mae Thompson, Hannah Knights, Jasmine Mitchell, Fiona de Mauny | 4:00.78 |
| 3 | 22 | Sussex | Louisa Saunders, Beckie Quirke, Rhian Male, Holly Turner | 4:02.40 |
| 4 | 1 | Essex | Hayley McLean, Chay Clark, Krystal Balogun, Meg Rapley | 4:11.93 |
| 5 | 4 | Hampshire | Ellie Livingston (U20W), Devon Mather, Amy Bream, Amber Foull | 4:30.21 |

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|---|----|--------------------------|--------|----------|
| 1 | 10 | Jacqueline Benson (U20W) | Kent | 16:22.30 |
| 2 | 2 | Rachel Lawless (W55) | Essex | 18:56.30 |
| 3 | 20 | Fiona Bishop (W60) | Surrey | 22:20.96 |
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|---|----|---------------------|--------|------|
| 1 | 2 | Mia Chantree (U20W) | Essex | 1.65 |
| 2 | 19 | Pippa Wingate | Surrey | 1.35 |
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| | 19 | Anousha Wardley | Surrey | nm |
| | 11 | Erin Thomas (U20W) | Kent | nm |
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|---|----|---------------|------|------|------|
| | | | | | w/s |
| 1 | 10 | Bonnie Maugey | Kent | 4.48 | -1.4 |
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|---|----|---------------------------|--------|-------|------|
| | | | | | w/s |
| 1 | 19 | Ola Olufemi-Krakue (U20W) | Surrey | 11.40 | -0.2 |
| 2 | 11 | Grace Sullivar | Kent | 11.09 | -2.7 |
| | 2 | Holly Field | Essex | nm | - |
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|---|----|-----------------------|-----------|-------|
| 1 | 20 | Pippa Wingate | Surrey | 11.66 |
| 2 | 13 | Abigail Moronkej | Middlesex | 10.00 |
| 3 | 10 | Marianne Berndt (W40) | Kent | 9.68 |
| 4 | 5 | Claudia Cabbage | Hampshire | 8.29 |
| 5 | 2 | Jessica Whiley (U20W) | Essex | 8.04 |

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|---|----|-----------------------|-----------|-------|
| 1 | 19 | Mia Callenberg | Surrey | 35.10 |
| 2 | 10 | Marianne Berndt (W40) | Kent | 29.45 |
| 3 | 5 | Claudia Cabbage | Hampshire | 21.97 |
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|---|----|-----------------|--------|-------|
| 1 | 20 | Jessica Westley | Surrey | 38.67 |
| 2 | 11 | Jessica Blake | Kent | 38.50 |
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|---|----|------------------------|--------|-------|
| 1 | 2 | Jennifer Morgan (U20W) | Essex | 39.59 |
| 2 | 11 | Natalie Manr | Kent | 18.95 |
| 3 | 20 | Mae Thompson | Surrey | 16.55 |
| 4 | 23 | Ali Crocker | Sussex | 15.48 |