

ESSEX COUNTY 20 MILES ROAD RUNNING CHAMPIONSHIP. Rochford, Essex. 15th February 1998

1.S Mully	Ilford	1.49.19	61.S Fell(V50)	Dulwich R	2.20.54
2.S Moore(V50)	Herts & Ware	53.04	62.Y Shashoua(VL)	Orion H	.54
3.T Knightley	Ilford	.58	63.J Summers	U/A	21.45
4.J Fielding	Harlow RC	55.41	64.R Weston(L)	Belgrave H	.56
5.M Bond(V40)	Colchester H	56.40	65.M Thompson(V50)	Woodford Gn	22.11
6.D Symons	Gade Valley H	57.33	66.A Hartley	Wymondham AC	.17
7.D Lacy(V50)	Colchester H	.56	67.D Lesley(V50)	Southend	.22
8.G Morris	Harlow RC	58.18	68.G Pugh	Harlow RC	.35
9.T Pecoraro	Havering '90	.22	69.M Wisdom	New Eltham J	.49
10.P Allen	Gade Valley H	59.09	70.B Longman	Tri-Sports	.51
11.A Fisher(V40)	Tiptree RC	.23	71.J House	Benfleet RC	.55
12.V Nevola	Human Sciences AC	.50	72.T Ford	Tiptree RR	23.03
13.S Williams(V40)	Pitsea RC	2.00.47	73.A Mason	Springfield St	.03
14.C Purse	Chelmsford AC	01.07	74.J Davies(V40)	Swindon H	.04
15.S Trump	Ilford	.24	75.I Thomas(V40)	New Eltham J	.08
16.E Brown(V40)	Basildon	.50	76.J Moore	U/A	.11
17.R Maddams	Harlow RC	02.11	77.R Sargent(V40)	Dagenham '88	.19
18.O Phipps(V50)	Ilford	.22	78.P Clegg(V40)	Grange Farm T	.36
19.W Murphy(V40)	Maldstone H	.59	79.T Kelly(V40)	Bishops Stort.	.47
20.T Martin(V40)	Harlow RC	03.48	80.B Stone(V40)	Southend	.55
21.D Carr(V40)	Bishops Stort.	05.52	81.P Hayward(V40)	Benfleet RC	24.10
22.J Stacey(V40)	Dagenham '88	.52	82.D Stanley(V40)	Orion H	.22
23.J Mills	Thurrock H	06.11	83.N Cox(V40)	Thurrock H	.25
24.M Rugg(V40)	Pitsea RC	.37	84.E Beck	Havering '90	25.41
25.M Foster	U/A	.39	85.M Askew	"	.51
26.P Douglas(V40)	Stafford H	.14	86.M Kruger(VL)	U/A	.54
27.S McKenzie	Harlow RC	07.41	87.D Payton(V40)	U/A	26.00
28.M Clarke(V40)	Ilford	09.05	88.P McQuillan(V40)	Barking RR	.03
29.M Trew	Havering '90	.20	89.M Osborn(V40)	100km Assoc.	.07
30.M Barkway	Thameside RC	.27	90.P Deadman(V50)	Orion H	.39
31.J Jackson	Barking RR	.27	91.C Hayhow	Grange Farm T	.42
32.R Hogg	Woodford Gn	.43	92.E Slinger(L)	U/A	.45
33.D Papworth	Colchester H	10.16	93.S Coleman(V50)	Havering M AC	27.33
34.C Moody(V40)	Harlow RC	11.55	94.A Cutts	U/A	.57
35.R Ricketts	"	12.21	95.D Toogood	Stour Valley H	.58
36.J Tyler	Havering '90	.57	96.E Moore(L)	Woodford Gn	28.23
37.A Ferguson	Thurrock H	13.25	97.R Gowers	U/A	.38
38.A Gelder	U/A	.41	98.M Mochan(V40)	Barking RR	.45
39.M Moore	Woodford Gn	.51	99.P Ford	Hayes & Harl.RC	.52
40.N Williamson	Carsterhine AC	14.04	100.M King	Pitsea RC	.54
41.D Atkins	U/A	.24	101.D Cook(V40)	Gt Bentley J	29.04
42.V Spain	Springfield St	15.36	102.P Lightfoot(V40)	U/A	.16
43.P Atkins	U/A	16.17	103.D Stephens	Benfleet RC	.31
44.T Watson	U/A	.39	104.B Wright(V40)	Southend	.52
45.D Brooks(V50)	Thurrock H	17.48	105.D Sinclair(V40)	Pitsea RC	30.09
46.D Rixon(V50)	Dovedale H	.54	106.P Bouldstridge(V40)	Blackwater H	.18
47.D Stewart(V40)	Harlow RC	18.05	107.D Collier	U/A	.37
48.T May	Ford Fitness	.09	108.K Christmas(V40)	Pitsea RC	.52
49.K Hughes	Dartford H	.09	109.C Applegate(V40)	Tiptree RR	.55
50.M Bailey(V40)	Tiptree RC	.34	110.M Hemmings	Havering '90	31.03
51.D Brock	Woodford Gn	19.04	111.I Buckingham	U/A	.33
52.M Jalbonasi	Benfleet RC	.08	112.J Williams(V50)	U/A	.46
53.P. Howard	Stour Valley J	.11	113.C Strong	Woodford Gn	32.10
54.M Hinsley	Tri-London	.39	114.P Hayhow(L)	Grange Farm T	.14
55.E Campbell(V60)	Pitsea RC	.48	115.H Jardine	"	.14
56.D Mannion	Dulwich R	20.04	116.D Moxon (V40)	Springfield St	.27
57.T Ferrinoli	Stragglers	.14	117.P Crimmins	Woodford Gn	.48
58.R Reynolds(V40)	Bishops Stort.	.21	118.L Parrott(V60)	Havering M AC	33.15
59.B Chisholm	Haringay RR	.33	119.K Garrido(LV50)	Lingfield Park R	.17
60.C Adams(V50)	Orion H	.35	120.V Manly(Lv)	Diss AC	.23

121.L Cudmore(LV)	Colchester H	2.33.26	181.P O'Shea	London Irish	2.41.56
122.G O'Nions	Harlow RC	.41	182.G Warwick(V40)	Pitsea RC	.58
123.D Kelly	U/A	.45	183.N Mbere(L)	Colchester H	42.14
124.G Crummett	U/A	.52	184.J Pope(LV)	East End R	.18
125.P Upcott	U/A	.55	185.D Churchus(V60)	Blackheath H	.40
126.L Thurston(V40)	Bishops Stort.	.58	186.A Yetts	Tiptree RR	.41
127.J Isaacs(V50)	Blackheath H	34.02	187.P Chaplin(V40)	Castle Point J	.46
128.W Metcalfe(V50)	Newham & EB	.06	188.L Davis	U/A	.50
129.J Williams(LV)	Orion H	.09	189.V Bugini	Italy	.53
130.S Wickenden(V40)	U/A	.16	190.T Avey(V40)	Phoenix AC	43.00
131.M Staines(V50)	Castle Point J	.25	191.G Bardell	U/A	.18
132.S Streltz	U/A	.33	192.M Pennington	U/A	44.04
133.T Bridges(V40)	St Edmunds P	.45	193.J Davis(V40)	Comets RC	.06
134.R Dobie	Havering '90	.49	194.P Gibbons(V40)	Dulwich R	.09
135.C Gaitley(V40)	Pitsea RC	35.05	195.B Butcher(V40)	Castle Point J	.12
136.B Donavon(V50)	Benfleet RC	.08	196.A Noakes(V40)	Vestall V	45.07
137.P Ireson	Linford J	.17	197.P McInerney	U/A	.40
138.A Read(V60)	Newham & EB	.19	198.C Poole(V60)	Blackheath H	46.05
139.J Mickelfield	U/A	.22	199.T Cottis(L)	Gt Bentley J	.07
140.D Gridley	Dagenham '88	.58	200.W Barnes(LV)	Harlow RC	.17
141.A Dean(V40)	Harlow RC	36.18	201.P Allsop(V60)	Vets AC	.27
142.P Harvey	Gt Bentley J	.33	202.T Stout(V50)	Castle Point J	.43
143.P Jones(LV60)	Ilford	.33	203.T Bell(V50)	Southend	.57
144.D Harwin	Ford Fitness	.34	204.M Taylor(V40)	Thrift Green T	47.04
145.C Quaey	Essex Police	37.05	205.N Morgans	"	.05
146.W Perry	U/A	.07	206.A King(LV)	Grange Farm T	.14
147.C McCullough (L)	U/A	.19	207.M Diebel(V50)	Lingfield RC	.17
148.T Connelly	Ford Fitness	.37	208.I Woolley	U/A	.30
149.S Keys(V40)	Ford Fitness	.37	209.M Phillips(V40)	Havering '90	.34
150.C Reed (L)	Dulwich R	.39	210.M Mills	U/A	.52
151.R Braybrook(V40)	RRC	.52	211.S Foy(V50)	Harlow RC	48.32
152.M Schwalm	U/A	.55	212.J Reynolds(V40)	Blackheath H	.49
153.M Shettle	U/A	38.00	213.B Gould(V40)	Colchester H	49.04
154.R Spinks(V50)	Jaffa RRC	.11	214.L Martin(LV)	Harlow RC	.11
155.D Conway(V40)	Harlow RC	.14	215.M Hilmi(V50)	Muswell Hill	.16
156.P Oliver(V40)	Billericay St	.18	216.R Ives(V50)	U/A	.35
157.C Graves	U/A	.28	217.C Allard	U/A	.37
158.D Finn(L)	U/A	.50	218.D Brearley(L)	Havering '90	50.02
159.J Wallace	Witham RC	.50	219.D Campbell(V40)	Ilford	.06
160.R Strong	Blackheath H	.53	220.J Oram(L)	U/A	.19
161.M Quinlivan(V40)	Billericay St	39.07	221.K Ruston(V50)	Pitsea RC	.23
162.C Roots	Tiptree RR	.12	222.C Blest	U/A	.46
163.S Bird	Pitsea RC	.21	223.J Vaughan	U/A	51.01
164.J Hunt(V50)	Vestall V	.25	224.P Heppel(V40)	Brentwood	.03
165.P Jackson	"	.25	225.A Burns(V40)	U/A	.14
166.A Schwalm	U/A	.54	226.M Ives	U/A	.19
167.C Short(V50)	Witham RC	40.02	227.I Mackenzie(V50)	U/A	.29
168.J Keys(V40)	Ford Fitness	.06	228.K Diedrick	Woodford Gn	.33
169.S Beech(V40)	Pitsea RC	.07	229.S Mitchell(V40)	Chelmsford	52.19
170.T Day(V50)	Bingley H	.27	230.S Holland(LV)	Istead & Ifield	.39
171.F Stokes	U/A	.30	231.C Weald(LV)	Pitsea RC	.47
172.K Kendall(V50)	Southend	.31	232.L Turk(L)	Springfield St	53.22
173.J Macauley(V50)	Springfield St	.31	233.R Young(V50)	U/A	.30
174.J Weatherburn	Bishops Stort	.40	234.P Barrett	Colchester H	54.04
175.C Tozeland	Dagenham '88	.51	235.B Smith (V40)	Blackheath H	.23
176.T Alexandrou(L)	Harlow RC	.51	236.G Twitchett(V40)	Metro Police	55.23
177.K Caldon	U/A	41.01	237.E Tobin(L)	U/A	.47
178.K Vejdani(V50)	Lingfield RC	.09	238.S Miles(V40)	Istead & Ifield	.50
179.K Jacob	Billericay St	.29	239.K Tyler(V50)	British Airways	.54
180.R Hill(V40)	Pitsea RC	.31	240.R Copsey	U/A	56.03

ESSEX '20' 15th February 1998 (Cont.)

241.D Cole(L)	U/A	2.56.06	271.O Valaski(V40)	Pitsea RC	3.07.48
242.C Morris(V50)	Vets AC	.07	272.B Rowell	Woodford Gn	08.31
243.M Entwistle	U/A	.17	273.D Walford	U/A	.42
244.M Barnard	Southend	.44	274.M Bristow(L)	Metro Police	.51
245.D Lewis(V40)	New Eltham J	57.23	275.A Thomas(LV)	Istead & Ifield	10.28
246.J Cox(V60)	Barnet & DAC	.29	276.S Hills	U/A	.57
247.M Moore	Istead & Ifield	.54	277.C Lamont	U/A	11.53
248.S Bishop	Vestall V	.54	278.C Patterson	U/A	12.18
249.B Earp	U/A	58.03	279.P Carroll(V50)	U/A	.46
250.R Courtier(V40)	Barking RR	.09	280.R Russell(V60)	Castle Point J	.55
251.M Sellens(V40)	Colchester H	.17	281.P Madura(V60)	Herts & Ware	.59
252.M Edwards(V40)	Gt Bentley J	.20	282.R Howell(V50)	Havering '90	13.12
253.K Carey(V50)	Pitsea RC	59.33	283.T Kavanagh(V50)	"	14.58
254.R Griffin(V50)	Blackheath H	.47	284.S Macaulay(LV)	Springfield St	15.41
255.K Ansermino(L)	U/A	3.00.05	285.J Fawkes(V50)	Southend	.41
256.R Gibbs(V40)	Blackheath H	.59	286.R White(V40)	Vestall V	16.09
257.C Perry(LV)	U/A	01.25	287.L Radford(LV)	Harlow RC	18.46
258.P Abbitt(V40)	Stopsley St	.48	288.C Fenech(V50)	U/A	.46
259. No Name (L)		.56	289.R Jones(V40)	Linford J	19.15
260.R Copsey(V50)	Vestall V	02.20	290.P O'Reilly	"	.16
261.J De'ath(LV)	Barking RR	.45	291.D Wallace(LV)	Grange Farm T	23.38
262.P Bates(V40)	Pitsea RC	03.24	292.B Whitehead(LV)	Springfield St	24.44
263.K Franklin(LV50)	Ilford	04.19	293.G Calliste(L)	Istead & Ifield	.45
264.R Ball(L)	U/A	.56	294.C Keys(LV)	Ford Fitness	26.41
265.N Ashley(L)	U/A	05.04	295.D Eiare(L)	U/A	27.05
266.S Derbyshire	U/A	.15	296.W Stevens(LV50)	Harlow RC	29.45
267.E Oddie(LV)	Vestall V	.48	297.J Mills(LV)	Pitsea RC	30.10
268.P Cannell(V40)	"	.48	298.L Bates(LV50)	"	36.48
269.J Hockley(V50)	Pitsea RC	.51	299.L Roberts(L)	U/A	44.40
270.G Carr	U/A	06.20	300.A O'Brien-Brackenbury	U/A	45.45

ESSEX TEAM RESULTS

MEN

1.HARLOW R C	22pts	7.TIPTREE RR	109	13.GRANGE FARM T	213
2.ILFORD A C	26	8.WOODFORD GREEN A C	113	14.SOUTHEND A C	231
3.COLCHESTER HARRIERS	36	9.BENFLEET R C	162	15.FORD FITNESS	254
4.HAVERING '90 J	70	10.BARKING R R	162	16.GREAT BENTLEY J	320
5.PITSEA R C	77	11.DAGENHAM '88 R	176	17.VESTALL VERGINS	360
6.THURROCK H	102	12.SPRINGFIELD ST.	187		

LADIES

1.HARLOW R C	31pts	3.SPRINGFIELD ST.	61
2.GRANGE FARM T	38	4.PITSEA R C	70

On behalf of the ESSEX COUNTY AAA I would like to thank SOUTHEND-ON-SEA ATHLETIC CLUB, all their Officials & Helpers for staging today's Championships. I would also like to thank all the Officials & Marshalls for their assistance.

If any competitors would like to make any comments regarding the course or organisation which might help us to improve the event please let me know.

Howard Williams (Hon Secretary)  
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