

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION  
20 MILES ROAD RUNNING CHAMPIONSHIP. CHELMSFORD, ESSEX. 9th February 1997

1.P Spowage	Colchester H	1 .51.50	61.M Morley	Dulwich R	2.13.36
2.R Dzikowski	Woodford Gn	52.54	62.M Beckett(V40)	Eastern Vets	.40
3.G Morris	Harlow RC	53.20	63.S Martindale	Thurrock H	15.05
4.S Moore (V40)	Herts & Ware	.51	64.S Haggerty	Barking RR	.15
5.T Bately	Deal Tri Club	.58	65.M Moore	East Essex Tri	.31
6.J Parsons	Newham & EB	55.33	66.R Strode	U/A	.47
7.M Bumstead(V40)	Thurrock H	.50	67.M Crawford	Cambridge & Col.	16.17
8.M Kazimierski	Belgrave H	56.11	68.M Gould	Woking A C	.17
9.P Johnson(V40)	Thurrock H	.27	69.M Longhurst	Colchester H	17.20
10.E White	Halstead RR	57.27	70.C Jackson(V40)	Farnham R	.50
11.D Lacy(V50)	Colchester H	58.01	71.P Parkins	Southend A C	.53
12.M Muir	Newham & EB	59.21	72.G Pugh	Harlow RC	18.50
13.C Price(V40)	Trent Park T	.37	73.D Game(V40)	Witham RC	.53
14.T Knightley	Barking RR	.38	74.P Whiteman	City of Norwich	19.14
15.M Quinn(V40)	Sheffield A C	.42	75.T Lashmar	U/A	.19
16.O Phipps(V50)	Barking RR	.45	76.R Weston(L)	Bishops Stortford	.22
17.J Gentry	Newham & EB	2 .00.24	77.P Canter(V40)	Newham & EB	.34
18.C Hardy	Thurrock H	.35	78.P Adkins	U/A	.54
19.B Grazebrook	Bishops Stortford RC	01.08	79.C Applegate	Tiptree	.59
20.E Brown(V40)	Basildon A C	.11	80.D Hallson(V40)	RRC	20.04
21.S Allen	Ilford A C	.26	81.A Lock	Dermead St	.11
22.A Fisher(V40)	Tiptree RR	.27	82.D Stanley(V40)	Basildon A C	.14
23.J Redfern	100KM	.40	83.D Warley(V40)	Chelmsford	.47
24.M Waine	Southend A C	02.17	84.E Campbell(V60)	Pitsea	21.08
25.L Heath	Barking RR	.59	85.P Hayward	Benfleet RC	.15
26.T Martin(V40)	Harlow RC	03.06	86.P McLaughlin	Pitsea	.23
27.D Symons	Gade Valley H	.13	87.B Hempstead(V50)	Eastern Vets	.27
28.D Walmsley *	Bourton RC	.20	88.M Glazebrook	New Eltham J	22.12
29.V Nevola	CHS RC	.45	89.S Baker(LV35)	Tiptree	.18
30.C Moody(V40)	Harlow RC	.52	90.E Camacho	Club Athletico Suramerica	.29
31.K Araki	Japan	04.22	91.A Broughton	U/A	.55
32.D Carr(V40)	Bishops Stortford RC	.36	92.C Raine	U/A	.55
33.R Neenan(V40)	Chelmsford A C	.46	93.P Guerin(V50)	Colchester H	23.11
34.B Hockley	Pitsea RC	.59	94.T Kelly(V40)	Bishops Stortford	.15
35.R Grey	RRC	05.21	95.R Saltiel	U/A	.19
36.R Bufton	Bourton RC	.26	96.W Metcalfe(V50)	Newham & EB	.31
37.A Ferguson	Thurrock H	.30	97.E Moore (L)	East London Tri	24.08
38.C Stringer	Newham & EB	06.12	98.C McGrath(L)	U/A	.08
39.D Norman	Chelmsford A C	.34	99.C Roots	Tiptree	.26
40.M Southwick	Scunthorpe R	.45	100.E Buckley	U/A	.29
41.D Lawless	Thurrock H	.49	101.R Reynolds(V40)	Bishops Stortford	.34
42.M Rugg(V40)	Pitsea RC	.59	102.G Chester	Warrington RR	.46
43.S Coleman(V40)	Havering Mayes A C	07.11	103.A Hartley	Wymondham A C	.55
44.P Beatty(V40)	Bishops Stortford RC	.48	104.M Greensill	U/A	25.31
45.P Barrett	Colchester H	08.03	105.P Ross	Havering '90 J	.34
46.M Delea	Ilford A C	.21	106.R Tozer(V40)	Barking RR	26.28
47.Z Marchant(LV45)	City of Bath A C	.54	107.D Brooks(V50)	Thurrock H	.55
48.J Griffith	Bishops Stortford RC	.55	108.F Cooke(LV35)	March Braza A C	.57
49.M Sellens(V40)	Colchester H	.58	109.H Jardine(V40)	Grange Farm Tr	27.00
50.M Hemmings	Havering '90 J	09.01	110.M Bailey	Tiptree	.03
51.M Clarke	Barking RR	.06	111.S Heame(V40)	Ilford	.37
52.G Carey(V40)	100KM	.09	112.P Kavanagh	U/A	.39
53.J Pitchers	U/A	10.33	113.R Selwyn(V40)	U/A	.41
54.D Payne(V40)	City Gym RC	.50	114.P Clegg(V40)	Grange Farm Tr	.46
55.P Tullett	Chelmsford A C	11.22	115.S Fitzpatrick(LV35)	Harlow RC	.48
56.J Ricketts	Ranelagh H	.23	116.D Payton(V40)	U/A	.48
57.T Cummings	Blackheath H	.31	117.C Williams	U/A	.56
58.C Finney(V40)	Orion H	12.14	118.D Batchelor	U/A	28.15
59.D Adkins	Bexley Boro A C	.25	119.M Lamontagne(LV35)	Colchester H	.39
60.B Owens	Halstead RR	13.19	120.M Staines(V40)	Castle Point J	.45

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121.L Thurston(V40)	Bishops Stortford	2.28.52	181.S Cade	Colchester H	2.41.59
122.M Warmingier	Ilford	.59	182.K Marsh	Harlow RC	42.11
123.T Jopson	Springfield St	29.32	183.I Newman	Trisport Epping	.16
124.R Cresswell	Post Office A C	.36	184.P Jones(LV50)	Halstead	.46
125.P Baker	Thurrock H	.40	185.R England(V40)	U/A	.54
126.R Griffin(V40)	Blackheath H	30.01	186.P Bates(V40)	Pitsea	.59
127.J Bright(LV35)	Maidstone H	.21	187.D Macauley(V40)	U/A	43.46
128.G Crampton	Post Office A C	.27	188.N Bailey	Springfield	44.36
129.J Quntrill(LV35)	S L H	31.09	189.C Short(V40)	Witham	.43
130.G Southon	Comets RRC	.43	190.G Jenkins(L)	Epping R	.45
131.C Gaitley (V40)	Pitsea	.53	191.F Rossaw(V40)	U/A	45.04
132.T Tiller	Halstead	.59	192.P Thomas(V60)	Colchester H	.15
133.J Flack	Grange Farm	32.07	193.K Mitchell(L)	Paddock Wood	.44
134.B Read(V50)	Orion	.11	194.S Beech(V40)	Post Office	46.11
135.G Williams(V50)	Ilford	.14	195.D Chalupa	U/A	47.24
136.K Jacob	Billericay	.25	196.P Tester(L)	Ilford	.48
137.B Gould(V40)	Colchester H	.28	197.M Tester	City Gym RC	.55
138.A Ferriroli	Stragglers	33.02	198.D Thomas	Grange Farm	48.07
139.P Russell	U/A	.09	199.B Johnson	U/A	.20
140.M Osborn(V40)	100k	.15	200.R Russell(V60)	Castle Point J	.22
141.V Manly(V35)	Diss A C	.55	201.E Brett(V40)	Havering Mayes	.26
142.T Rivers(V50)	Halstead	34.02	202.C Cooper(L)	U/A	.39
143.B Wright(V40)	Southend	.35	203.M Orr	U/A	.51
144.S Bristow	U/A	.39	204.D Bernie(V40)	Vestall Vergins	.59
145.J Barker	U/A	.56	205.J Hunt(V50)	" "	.59
146.C Tozeland	Springfield	35.08	206.T Garrett(V50)	Bexley Boro	49.20
147.A Wilmot(V50)	Halstead	.08	207.P Lilley	U/A	.49
148.T Wood(V40)	Blackheath	.08	208.L Selby(LV35)	Harlow RC	50.18
149.R Gibbons(V60)	Wymondham	36.12	209.D King	Blackheath	51.16
150.P O'Shea	London Irish A C	.25	210.K Jones(V60)	Orion	.25
151.P Jones(LV60)	Ilford	.46	211.D Orr	U/A	.26
152.L Cudmore(LV35)	Colchester H	.53	212.A Scott	U/A	.29
153.S Coote	Dunstable RR	37.15	213.R Valins(V50)	Orion	.30
154.D Harwin	Ford Fitness	.25	214.M Mullins(V40)	Southend	.45
155.R Fulbrook	" "	.25	215.J Ling(V60)	Castle Point J	52.14
156.P Hayhow(L)	Grange Farm	.40	216.R Nankivell	U/A	.24
157.G Onions	Harlow RC	.54	217.J Cooper	Thanet RR	.39
158.W Perry	U/A	38.14	218.H Young	Grange Farm	.50
159.M Cook(V40)	Herts & Ware	.15	219.G Cuthell	Orion	.51
160.R Stone(V60)	Orion	.17	220.J Galvin(V40)	Dagenham '88	53.04
161.A Taylor	Benfleet	.17	221.D Frazer(V40)	Springfield	54.07
162.S Kristensen	"	.18	222.R White(V40)	Vestall V	.31
163.J Devall	U/A	.19	223.C Mills	"	55.16
164.C Cook(V40)	St Albans RC	.25	224.R Pittman(LV35)	U/A	.32
165.G King(V40)	Bedford HAC	.26	225.B Cox	Springfield	.33
166.D Conway(V40)	Harlow RC	.30	226.J Hodge(L)	Comets RRC	.50
167.P Clayson	U/A	.48	227.I Smith	Harlow RC	56.26
168.M Read(V40)	M & B A C	39.07	228.I McAndrew	U/A	.29
169.D Jobling(V40)	Witham	.23	229.T Lovell(LV35)	Neath H	.36
170.F Short(L)	U/A	.32	230.C Higgins(L)	Epping R	.37
171.B Smith	Blackheath	.40	231.J Lovell(V40)	Neath H	.43
172.P Chaplin(V40)	Castle Point J	.40	232.J De'ath(LV35)	Barking RR	.45
173.R Dobie	Dagenham '90	40.07	233.K Christmas(V40)	Pitsea	.54
174.L Mann(V50)	Belgrave H	.54	234.G Warwick(V40)	"	.54
175.V Cox(LV35)	Thames H & H	41.08	235.C Morton(V40)	Comets RRC	57.18
176.A Kerridge	U/A	.08	236.M Bush(L)	White Horse H	58.27
177.P Tattor(V40)	RRC	.24	237.R Henry	U/A	.29
178.M-J Brazier(L)	Ilford	.43	238.P Madura (V60)	Herts & Ware	3.00.30
179.D Payne(V40)	City Gym RC	.50	239.P Franklin(V40)	Pitsea	01.49
180.J Keys	Ford Fitness	.55	240.J Warmingier(V50)	Ilford	02.13

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241.W Goodall(V50)	Deal Triathlon	3.02.15	255.N Kelleway(V40)	Vestall V	3.07.59
242.C Bevilacqua(V40)	U/A	.43	256.R Haynes	U/A	10.30
243.V Powell(V35)	Comets RRC	.53	257.C Gibbons(LV60)	Wymondham	12.03
244.S Williams	U/A	03.29	258.S Abrahams(L)	Ilford	13.21
245.R Jackson(L)	Serpentine RC	.44	259.R Rawlinson(V40)	"	.21
246.A Knight	Grange Farm	05.04	260.D Corthine(V40)	Halstead	18.02
247.J Skinner(LV35)	New Eltham J	.20	261.M Bevan	U/A	.34
248.C Weald(LV35)	Pitsea	.22	262.L Evans(LV35)	Bishops Stortford	19.59
249.J Miller(V50)	U/A	06 00	263.A King(LV35)	Grange Farm	22.49
250.W Bailey	Orion	.04	264.J Miller(L)	" "	.49
251.P Foster	U/A	.10	265.M McCormick	U/A	23.50
252.G Zulvaga	U/A	.24	266.W Stevens(LV50)	Harlow RC	24.51
253.R Courtier(V40)	Barking RR	.34	267.R Offord(LV35)	Grange Farm	34.29
254.E Oddie(L)	Vestall V	07.59	268.M Mitchell(LV35)	Paddock Wood	38.32

TEAM RESULTS

MEN

1. THURROCK H	25pts	9. HALSTEAD R R	116pts
2. NEWHAM & ESSEX BEAGLES A C	26	10. TIPTREE R R	122
3. COLCHESTER HARRIERS A C	39	11. ORION H	194
4. BARKING R R	41	12. GRANGE FARM TROTTERS	197
5. HARLOW R C	44	13. BENFLEET R C	223
6. CHELMSFORD A C	84	14. SPRINGFIELD STRIDERS	244
7. PITSEA R C	102	15. CASTLE POINT JOGGERS	275
8. ILFORD A C	110	16. VESTALL VERGINS	320

LADIES

1. ILFORD A C	21pts	2. HARLOW R C	32	3. GRANGE FARM TR.	39
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ESSEX COUNTY AAA WISH TO THANK ALL THE OFFICIALS, MARSHALLS, POLICE, ST JOHN'S AMBULANCE & CHELMSFORD ATHLETIC CLUB FOR THEIR ASSISTANCE IN STAGING THESE CHAMPIONSHIPS TODAY.

WE WOULD LIKE TO APOLOGISE TO Dennis Walmsley of Bourton Runners who travelled to Chelmsford for the race and was unfortunately misdirected in the early stages of the race when in the lead.

We have been advised by the Essex Police that in spite of them requesting runners to take a safe route some runners still took a course which the Police thought unsafe. Runners must listen to Police & Marshalls who give instructions or the County will be unable to stage road events.

HOWARD WILLIAMS (Hon Secretary)

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