

ESSEX COUNTY 20 MILES ROAD RUNNING CHAMPIONSHIP, 31st MARCH 1990, CHELMSFORD, ESSEX

1.J Goldring	Woodford Green	1.51.09	61.B Johnson	Stansfield	2.14.16
2.A Barnden	Basildon	.31	62.G Smith(V)	Havering	.21
3.A Catton	Ilford	53.03	63.D Stanley	Basildon	.35
4.P Bettridge	Havering	.25	64.K Perry(V)	Southend	.38
5.M Bumpstead	Thurrock	54.16	65.D Warner	Orion	.42
6.S Vines	Havering	56.31	66.G Deacon(V)	Havering	.48
7.R Dzikowski	Victoria Park	57.08	67.S Coxshall(LV)	Springfield	15.02
8.K Pallett	Chelmsford	.15	68.B Musto(V)	Brentwood	.17
9.V Hills(V)	Chelmsford	.49	69.M Powell(Guest)	Norwich R.C.	.39
10.P Bryan(V)	Havering	58.16	70.B Read(V)	Orion	.40
11.D Norman	Chelmsford	59.53	71.P Goodyear	Thurrock Nom.	.41
12.J Barker	Havering	2.00.22	72.M Cairney	Southend	.46
13.B Sewell	Thurrock	.48	73.D Hayes	Thurrock	16.12
14.S Wallace	Colchester & T.	.55	74.T Neild(V)	Thurrock	.24
15.M Blake	Thurrock	01.26	75.W Perry(V)	Woodford Green	.32
16.J Carter	Colchester & T.	.45	76.B Stagg	Billericay	.34
17.M Rugg	Pitsea	.56	77.M Gilbert(Guest)	Ipswich Jaffa	.52
18.S Coleman(V)	Havering	02.09	78.N Andrews	Chelmsford	.59
19.M Herring(V)	Ilford	.43	79.M Bailey	Havering	18.28
20.E Shelley	Thurrock	03.57	80.M Clamp(V)	Basildon	.31
21.A Richards(Guest)	Ryde H.	.59	81.R Cumberland(V)	Witham	.47
22.P House(V)	Woodford Green	05.15	82.F Taylor(V)	Basildon	19.04
23.B Brown	Braintree & D.	.26	83.K Jackson(V)	Basildon	.28
24.A Eccles(V)	Orion	.32	84.R Haines(V)	Woodford Green	20.00
25.G Carey	Southend	.40	85.T Johnson(V)	Chelmsford	.08
26.N Pemberton	U/A	.43	86.A Phillips(V)	Orion	.16
27.J Mackenzie	Ilford	06.05	87.D McKenzie	U/A	.20
28.D Warner	Orion	.07	88.L Edwards(V)	Ilford	.28
29.J Clay(V)	Woodford Green	.15	89.A Stevens(V)	Woodford Green	.31
30.G Madden(V)	Colchester Jog.	.29	90.R Whitehead(V)	Brentwood	.51
31.R Berry(V)	Walthamstow	.46	91.B Allen(V)	Colchester & T.	.54
32.S Herington(V)	Woodford Green	.53	92.T Day(V)	Ford Basildon	21.02
33.G Woods(Guest)	Swindon A.C.	.55	93.O Knight	U/A	.09
34.B Davies	Springfield	07.22	94.D Collinson	Thurrock	.15
35.D Lawless	Thurrock	.31	95.P Pettitt	U/A	.48
36.M Osborne(Guest)	Cambridge H.	.57	96.A Dickin(V)	Orion	.56
37.M Deacon	Chelmsford	08.20	97.A Ward	Havering	.58
38.R Hurley(V)	Pitsea	.25	98.D Neild(LV)	Thurrock	22.08
39.J Barber(V)	Billericay	.54	99.M Wyatt(V)(Guest)	Vets.A.C.	.24
40.S Fulker(V)	Billericay	09.14	100.R Puxty	U/A	23.26
41.S Harrison	Basildon	.28	101.D Randall	Colchester Jog.	.35
42.R Hanks(V)	Colchester Jog.	.40	102.N Golland	U/A	.37
43.M Newton(V)(Guest)	LRRC	.52	103.R Parsons(V)	Harlow	24.06
44.C Crump(V)	Woodford Green	10.19	104.M Moohan	Barking & D.	.08
45.N White	Orion	.44	105.P Tullett	Chelmsford	.10
46.D Anderson(V)	Billericay	11.03	106.R Smith	Ridge R.C.	.15
47.G Cobden	Braintree & D.	.13	107.R Gunthorpe(V)	Havering	.20
48.B Hempstead(V)	Eastern Vets.	.29	108.G Murphy(V)	Pitsea	.31
49.M Brightwell	Thurrock	.52	109.J Stokoe(V)	Basildon	25.11
50.Gra.Cobden	Braintree & D.	12.03	110.D Elphick	Braintree & D.	.12
51.E Campbell(V)	Pitsea	.20	111.		.30
52.M Rosbrook(V)	Orion	.26	112.G Lunn(V)	Woodford Green	.34
53.D Keeling(V)	Billericay	13.02	113.C Ross(V)	Chelmsford	.42
54.J Mercer(V)	Orion	.15	114.S Grenville	U/A	26.15
55.M Singer	Woodford Green	.42	115.A Tunbridge	Springfield	.17
56.D Jellicoe	Springfield	.42	116.D Needham(V)	Colchester & T.	.20
57.Mike Singer	Woodford Green	.42	117.N Bright(V)	Epping R.C.	.33
58.R Trinder(V)	Springfield	.52	118.C Short(V)	Witham	.51
59.C Adams(V)	Orion	14.01	119.G Barron(V)(Guest)	Bishops Stort.	27.00
60.W Metcalfe(V)	Newham & EB.	.04	120.D Payne	U/A	.10

ESSEX COUNTY 20 MILES ROAD RUNNING CHAMPIONSHIP, 31st MARCH 1990, CHELMSFORD, ESSEX. (CONT.)

121.R Selwyn	Woodford Green	2.27.12	181.G Browne(V)	East London	2.48.17
122.D Welsh	U/A	.17	182.J Blundell(V)	Colchester Jog.	.32
123.P McLaughlin	Pitsea	.23	183.L Smith(LV)	Harlow	49.57
124.N Hampton	Basildon	.34	184.P Sergeant(V)	Chelmsford	51.41
125.M McColl(LV)	Bishops Stort.	.36	185.R Rose(V)(Guest)	Ipswich R.C.	.51
126.I Tadd	Witham	.58	186.V Sinclair(LV)	Pitsea	.57
127.G Statter(Guest)	Bishops Stort.	28.08	187.L Richardson(L)	Orion	53.33
128.R Walker(V)	Chelmsford	.22	188.D Perkins(V)	LRRC	54.34
129.P Holland(V)(Guest)	Ipswich H.	.24	189.B Holmes(V)	Orion	.48
130.A Copley	Colchester Jog.	.28	190.W Turner(V)	Harlow	56.08
131.D Peters	Ford Basildon	29.00	191.C Mills	Orion	57.19
132.D Conway	Ilford	.16	192.D Goodfellow(V)	Chelmsford	59.03
133.P Wittich(V)	Billericay	.23	193.K Penfold	Ramford Brewery	.08
134.D Huckson(V)	Springfield	.33	194.B Hazeltine(V)	Harlow	.33
135.D Chackley(V)	Witham	.40	195.P Allen(LV)	Havering	.53
136.P Barrett	Colchester Jog.	.52	196.R White(V)	Colchester Jog.	3.00.34
137.R Wallis(V)	Woodford Green	30.00	197.G Pinder	Essex Police	02.19
138.T Lucas	Billericay	.45	198.D Fraser	Springfield	03.16
139.D Lacy(V)	Colchester Jog.	32.05	199.A McGhie(L)	Springfield	.16
140.D Trotter	Orion	33.01	200.N Marchant(V)	Pitsea	05.45
141.M Robinson	Havering	.09	201.G Davenport	U/A	06.07
142.J Whitfield	U/A	.24	202.R Martin(V)	East London	08.37
143.P Priest	U/A	34.05	203.I Willis(LV)	U/A	.37
144.J McBeath	Springfield	.11	204.D Sadler	Witham	.41
145.D Godfrey(V)	Billericay	.15	205.K Wiggins	Witham	09.33
146.A Tullett(V)	Chelmsford	35.35	206.P Beland	LRRC	12.45
147.K Walker(V)	Billericay	.45	207.G Spittlehouse	Springfield	14.06
148.M Quinlivan	Billericay	.45	208.J Dance(LV)	Springfield	.59
149.D Willing(V)(Guest)	Gravesend R.C.	.50	209.D Hill(LV)	Witham	16.11
150.D Sinclair(V)	Pitsea	36.21	210.A Brook	U/A	.53
151.R Pogson(V)	Harlow	.38	211.R Prudence(V)	Chelmsford	24.35
152.B Bowering(V)	Orion	37.15	212.J Ward(L)	Havering	26.14
153.M Joyce(L)	Pitsea	.20	213.R Purton	Orion	34.31
154.R Perrin(V)	Braintree & D.	38.35	214.J Newberry(LV)	Springfield	35.56
155.J Hoskyn	Springfield	.39			
156.M Mallee	East London	.44			
157.C Holmes(L)	Colchester Jog.	39.11			
158.P Franklin(V)	Ford Basildon	.33			
159.J Shepherd(L)	Bishops Stort.	.35			
160.N Chapman	Braintree & D.	.42			
161.B Baker	U/A	40.23			
162.I Gimblett	Ford Basildon	.38			
163.A O'Rawe(V)	Southend	.40			
164.O Valasky(V)	Pitsea	.55			
165.D Howes(V)	Harlow	.56			
166.J Soulby(V)	Epping R.C.	.58			
167.A Croucher(V)	Orion	42.10			
168.B Wadsworth(V)	Pitsea	.18			
169.J Everitt	Colchester Jog.	.42			
170.J Blake(V)(Guest)	Bishops Stort.	.46			
171.P Lowe(V)	Pitsea	43.19			
172.M Bonke	Ramford Brewery	.23			
173.G North(V)	Orion	.42			
174.D Tobin(V)	Pitsea	44.01			
175.K Newman	Colchester Jog.	.01			
176.S Preston(LV)(Guest)	Gravesend R.C.	45.17			
177.G Cardnell	Pitsea	.31			
178.P Bondy	Harlow	46.02			
179.K Passingham	Pitsea	.13			
180.H Derrick	U/A	47.39			

TEAM CHAMPIONSHIP

1. Havering A.C.	20pts.	15. Springfield Striders	135pts.
2. Chelmsford A.C.	28	16. Southend-on-Sea A.C.	145
3. Thurrock H.	33	17. Colchester Joggers	150
4. Ilford A.C.	47	18. Chelmsford A.C. "B"	174
5. Woodford Green A.C.	59	19. Woodford Green A.C. "C"	190
6. Havering A.C. "B"	86	20. Springfield Striders "B"	192
7. Orion H.	89	21. Orion H. "B"	196
8. Thurrock H. "B"	96	22. Havering A.C. "C"	211
9. Basildon A.C.	96	23. Basildon A.C. "B"	212
10. Pitsea R.C.	97	24. Billericay Striders "B"	212
11. Braintree & District A.C.	109	25. Pitsea R.C. "B"	285
12. Colchester & Tendring A.C.	109	26. Ford Basildon R.C.	286
13. Billericay Striders	112	27. Colchester Joggers "B"	300
14. Woodford Green A.C. "B"	119	28. Harlow R.C.	313

LADIES TEAM CHAMPIONSHIP

1. Springfield Striders 24pts.

ESSEX COUNTY wish to thank CHELMSFORD ATHLETIC CLUB and all the OFFICIALS and MARSHALLS who assisted in these CHAMPIONSHIPS. We hope all the athletes competing enjoyed the race and will support us in future years. Any comments will be most welcome and constructive criticism will also be considered for the future of the event.

This event was the second in the County Road Race Championship for 1990, the next race is the 10 miles, being held in the ORION "10" on 1st JULY 1990, see adverts. The 10,000 will be held in the ILFORD TOWN CENTRE race on 30th September 1990, an Entry Form is enclosed, please photocopy for additional needs. The Marathon will be the HARLOW MARATHON on 28th October 1990.

Any further information regarding Road races in Essex may be obtained from the County Secretary.

Howard Williams (Hon Road Secretary
& General Secretary)
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(0277 625294)