

ESSEX COUNTY A.A.A ROAD RELAY CHAMPIONSHIP

14th MARCH 2009

CHELMSFORD

SENIOR WOMEN

No	Stage One	Stage Two	Stage Three	Pos.
61 BASILDON	T.Ward 23 6 2 0 23 6	K.Goode 46 0 1 0 22 54	S.Ward 66 11 1 0 20 11	10 11 12
70 COLCHESTER & TND	L.Condon 24 12 5 0 24 12	D.Tatum 46 30 2 0 22 18	B.Adams 70 44 2 0 24 14	20 21 22
84 SOUTHEND	S.Jeffery 25 8 10 0 25 8	K.Holland 49 5 5 0 23 57	E.Burgess 73 35 3 0 24 30	30 31 32
67 CHELMSFORD	R.Luxton 22 56 1 0 22 56	D.Ford 49 0 4 0 28 4	J.Smith 73 41 4 0 24 41	40 41 42
77 ILFORD	B.Nordin 24 26 6 0 24 26	D.Crisp 50 11 7 0 25 45	L.Barker 74 30 5 0 24 19	50 51 52
86 SPRINGFIELD	N.Pyle 24 47 7 0 24 47	K.Mills 49 57 6 0 25 10	S.Colbert 74 51 6 0 24 54	60 61 62
73 HARWICH	B.McConquada 24 0 4 0 24 0	K.Thomas 50 38 8 0 26 38	K.Hodgkiss 75 16 7 0 24 38	70 71 72
80 LOUGHTON	L.Gaffney 25 20 11 0 25 20	G.Brooks 52 28 9 0 27 8	G.Shillaker 80 46 8 0 28 18	80 81 82
93 WITHAM	B.Wallen 24 50 9 0 24 50	L.Gold 55 5 11 0 30 15	R.O'Conner 82 42 9 0 27 37	90 91 92
92 WITHAM	L.Stuckey 27 37 15 0 27 37	W.Martin 54 29 10 0 26 52	G.Gurry 83 5 10 0 28 36	100 101 102
91 TIPTREE	C.Bowmes 30 6 21 0 30 6	T.Clark 60 36 17 0 30 32	L.Shrewbridge 83 56 11 0 23 18	110 111 112
67 SPRINGFIELD	L.Wilkin 27 28 14 0 27 28	K.Chapman 56 17 12 0 28 49	K.Marsh 84 46 12 0 28 29	120 121 122
64 BRAINTREE	F.Nowling 29 53 20 0 29 53	S.Bearman 60 41 18 0 30 46	P.Dyer 88 59 13 0 28 18	130 131 132
78 ILFORD	S.Gilham 29 37 19 0 29 37	V.Morgan 57 20 16 0 27 43	P.Jones 89 1 14 0 31 41	140 141 142
74 HARWICH	R.Stock 33 8 25 0 33 8	C.Gooding 63 2 20 0 29 54	E.Knott 90 29 15 0 27 27	150 151 152
88 SPRINGFIELD	S.Wenman 29 3 17 0 29 3	P.Cardv 56 44 14 0 27 41	D.Beazeley 91 23 16 0 34 39	160 161 162
63 BRAINTREE	J.Sheffield 26 49 13 0 26 49	K.Lenton 56 19 13 0 29 30	S.Williams 92 7 17 0 35 48	170 171 172
75 HARWICH	A.Piercey 29 15 18 0 29 15	I.Swallow 63 17 21 0 34 2	A.Cole 94 0 19 0 30 43	190 191 192
85 BRAINTREE	M.Caulfield 24 49 8 0 24 49	A.Tuermellint 62 40 19 0 37 51	P.Evans 98 20 20 0 35 40	200 201 202
76 HARWICH	D.Housler 33 7 24 0 33 7	T.Cullen 69 14 23 0 36 7	C.Holroyd 98 42 21 0 29 28	210 211 212
66 BRAINTREE	L.Rolencicz 32 54 23 0 32 54	K.Bell 70 0 24 0 37 8	C.Jones 101 19 22 0 31 19	220 221 222
62 BASILDON	G.Brown 23 49 3 0 23 49	C.Wheeler 48 29 3 0 24 40		0 1 2
68 CHELMSFORD	M.Jarvis 27 43 16 0 27 43	T.Minton 56 52 15 0 29 9		0 1 2
81 LOUGHTON	M.Davis 32 31 22 0 32 31	I.Petersen 66 27 22 0 33 56		0 1 2
72 COLCHESTER & TND	L.Douglas 25 58 12 0 25 58			0 1 2

FASTEST LAP

STACEY WARD

BASILDON

20min 11sec

ESSEX COUNTY A.A.A. ROAD RELAY CHAMPIONSHIP

14th MARCH 2009

CHELMSFORD

SENIOR MEN

No		STAGE ONE	STAGE TWO	STAGE THREE	STAGE FOUR	Pos.
1	BASILDON	N.Wetheridge 0 19 5	4 * R.Clarke 0 18 4	1 * G.Riddell 0 18 23	1 * M.Sanford 0 18 26	1
2	BASILDON	D.Clutterbuck 0 19 2	3 * J.Tydemann 0 18 48	2 * G.Webb 0 19 53	2 * D.Shane 0 19 7	2
34	SPRINGFIELD	P.Molyneux 0 19 8	5 * G.Chandler 0 18 59	3 * P.Dobson 0 19 45	3 * M.Crook 0 19 51	3
8	CHELMSFORD	J.Williams 0 19 12	6 * L.Pickering 0 19 57	6 * E.Messer 0 19 17	4 * D.Fewell 0 20 0	4
17	HAVERING M'BROOK	M.Bland 0 19 58	10 * P.Coates 0 20 14	8 * R.Warner 0 19 27	7 * C.Smith 0 20 43	5
11	COLCHESTER H's	T.Herbert 0 19 23	7 * C.Sellens 0 19 38	4 * G.Lewin 0 20 8	6 * A.Kearlon 0 21 30	6
31	SOUTHEND	P.Whitaker 0 18 50	2 * H.Clark 0 20 15	5 * S.Whitaker 0 19 39	5 * J.Crompton 0 22 19	7
48	WOODFORD & E.L.	R.Dzikowski 0 21 4	16 * G.Lewis 0 19 12	9 * M.McLean 0 19 43	8 * A.Mikdenhall 0 21 17	8
22	ILFORD	P.Clinch 0 20 55	15 * M.Muir 0 20 10	12 * I.Campbell 0 19 45	22 * I.McDonald 0 21 10	9
15	HARWICH	S.Cooper 0 20 38	13 * G.Knott 0 19 54	10 * S.Matthews 0 22 7	11 * J.Meachen 0 21 8	10
35	SPRINGFIELD	K.Harris 0 20 24	11 * C.Burgoyne 0 19 38	7 * C.Purse 0 22 33	10 * M.Waine 0 21 23	11
9	CHELMSFORD	W.Wright 0 19 33	9 * A.Colgrave 0 21 43	13 * M.Gibbs 0 21 55	13 * D.Pavitt 0 21 26	12
3	BILLERICAY	J.Nunn 0 18 38	1 * A.Coleman 0 22 3	11 * A.Clark 0 22 2	12 * M.Day 0 22 48	13
18	HAVERING M'BROOK	M.Chester 0 20 46	14 * P.Berret 0 21 15	14 * G.Pritchard 0 23 29	18 * N.Collins 0 20 51	14
47	WOODFORD & E.L.	D.Cox 0 20 34	12 * K.McShea 0 22 1	15 * C.Shepherd 0 22 4	14 * T.McCarthy 0 22 23	15
38	SPRINGFIELD	I.Cardy 0 22 59	24 * J.Neugrabeuer 0 22 27	17 * T.Brockington 0 22 26	17 * M.Ozols 0 22 50	16
37	SPRINGFIELD	J.Beaumont 0 22 15	19 * R.Taylor 0 23 21	18 * C.Beazeley 0 23 40	19 * T.Careless 0 21 48	17
23	ILFORD	C.Togwell 0 22 48	23 * G.Floate 0 23 30	21 * N.Crisp 0 21 58	18 * M.Maple 0 22 58	18
16	HARWICH	M.Rutter 0 22 44	22 * J.Burris 0 25 9	25 * C.Matthews 0 22 35	21 * M.Knowles 0 21 45	19
44	WITHAM	T.Watten 0 24 35	29 * T.Johnson 0 23 35	26 * M.Byford 0 24 11	24 * J.Booly 0 20 52	20
26	LOUGHTON	M.Rolfe 0 22 21	20 * G.Harper 0 23 44	19 * D.Tyson 0 24 17	20 * T.Babbs 0 23 38	21
48	WOODFORD & E.L.	M.Mack 0 24 22	28 * S.Dawkins 0 23 14	23 * S.Lambert 0 25 17	25 * R.O'Sullivan 0 23 54	22
4	BILLERICAY	R.Lee 0 26 8	31 * A.Porter 0 27 15	31 * K.Jacob 0 20 46	26 * G.O'Doherty 0 23 53	23
14	HARLOW	R.Ricketts 0 24 18	17 * M.McColgan 0 25 48	28 * S.Flynn 0 26 5	28 * S.McKenzie 0 23 10	24
39	SPRINGFIELD	D.Marden 0 26 42	33 * P.Wheelodon 0 24 19	29 * D.Walton 0 24 38	27 * J.Byford 0 24 9	25
42	TIPTREE	J.Slater 0 25 59	30 * R.Hadcraft 0 26 49	30 * P.Clarke 0 24 21	30 * T.Skinner 0 24 19	26
38	SPRINGFIELD	J.Praff 0 23 7	25 * A.Marsh 0 23 51	22 * J.Carmutt 0 24 1	22 * H.Butland 0 30 46	27
27	LOUGHTON	C.Rogers 0 28 6	37 * J.Hart 0 27 8	35 * M.Rolfe 0 23 29	33 * G.Harper 0 25 45	28
28	MID ESSEX CASUAL	G.Wisken 0 22 34	21 * I.Foskew 0 25 14	24 * P.Scott 0 30 12	32 * B.Bulcher -4850	29

45 WITHAM	M.Austin	27 38 34	* P.Gold	53 16 32	* A.Pilgrim	78 55 29	* C.Short	104 43	30
		0 27 38		0 25 50		0 23 29		0 27 48	
5 BRAINTREE	S.Mennell	23 9 26	* N.Speed	48 58 27	* L.Green	77 19 31	* K.Bearman	106 29	31
		0 23 9		0 25 49		0 28 21		0 29 10	
24 ILFORD	L.O.Hislop	28 23 38	* D.Turner	54 9 34	* J.Mackenzie	79 52 34	* P.Whiting	111 43	32
		0 28 23		0 25 46		0 25 43		0 31 51	
7 BRAINTREE	J.McLewin	26 38 32	* K.Green	58 11 36	* J.Green	83 11 35	* P.Miller	112 23	33
		0 26 38		0 29 32		0 27 1		0 29 12	
6 BRAINTREE	D.Hartshorn	27 55 38	* K.Cockell	61 12 38	* R.Caulfield	90 26 37	* C.Slotard	113 40	34
		0 27 55		0 33 17		0 29 14		0 23 14	
40 SPRINGFIELD	B.Gear	27 41 35	* J.McCaighem	54 2 33	* G.McCann	58 48 36	* T.Vernon	122 23	35
		0 27 41		0 26 11		0 32 44		0 35 37	
10 COLCHESTER & TND.	L.Heard	19 33 8	* P.Tullett	43 9 16	* B.Wheeler	65 14 15			
		0 19 33		0 23 38		0 22 5		-3914	
19 HAVERING M'BROOK	R.Middleton	21 49 18	* G.Howard	46 10 20	* G.Hogan	71 23 23			
		0 21 49		0 24 21		0 25 13		-4283	
43 TIPTREE	I.Linton	28 42 39	* R.Duffield	57 47 37					
		0 28 42		0 29 5		-3487		0	
12 COLCHESTER H's	P.West	21 29 17							
		0 21 29		-1289		0		0	

FASTEST LAPS 1' ROSS CLARK BASILDON 18min 04sec

ESSEX COUNTY AA wish to thank all the Officials & Marshalls for their assistance today.

Please note: For safety reasons runners are not allowed to wear Earphones or use mobile phones during the race in future. This will apply to all Events organised by Essex COUNTY AA.

Howard Williams (County Road Sec.)