

SENIOR WOMEN

ESSEX COUNTY A.A. ROAD RELAY CHAMPIONSHIP

CHELMSFORD

13th.MARCH 2004

	STAGE ONE	TIME POS.	STAGE TWO	TIME POS.	STAGE THREE	TIME POS.	STAGE FOUR	TIME POS.
16 BASILDON	Gail Dawson	22 18 0 22 18	-1338					
19 BILLERICAY	L.Hammond	33 14 0 33 14	G.Howards	61 20 0 28 6	K.Parmenter	93 1 0 31 41	S.Thake	121 30 0 28 29
23 CHELMSFORD	Jo Smith	23 50 0 23 50	Brigid Wallen	48 2 0 24 12	Clare Hayes	70 45 0 22 43	Jo Bulgin	93 44 0 22 59
35 COLCHESTER & TEN.	Lynn Tanner	23 46 0 23 46	Sue McCann	49 46 0 26 0	Rachel Taylor	74 13 0 24 27	Nic Rogers	96 40 0 22 27
36 COLCHESTER & TEN.	Helen Bloomfield	25 41 0 25 41	Diane Wooler	52 27 0 26 46	Gemma Smith	80 29 0 28 2	L.Showbridge	107 7 0 26 38
38 ILFORD	L.Barker	23 54 0 23 54	B.Nordin	48 51 0 24 57	N.Hopkinson	74 27 0 25 36	N.Juniper	100 7 0 25 40
39 ILFORD	P.Tester	25 16 0 25 16	S.Gillam	53 23 0 28 7	J.De'ath	82 14 0 28 51	P.Jones	111 32 0 29 18
43 WOODFORD & E.L.	Charlotte Cutler	22 57 0 22 57	Grace Greenhalgh	44 28 0 21 31	Bernie Pritchett	68 51 0 24 23	Pooja Kapur	94 6 0 25 15

Fastest Laps: 1. G Greenhalgh (WG & EL) 21.31
2. G Dawson (Bas.) 22.18
3. N Rogers (C & I) 22.27

ESSEX COUNTY AAA would like to thank CHELMSFORD ATHLETIC CLUB & all the Marshalls and Officials for assisting with todays Championships. As you will have been aware we are very short of Officials & People willing to Marshall road races in the County, so unless we see an improvement in numbers we will have to consider whether or not we can hold them. All Clubs are asked to look into the problems and to see if they can assist.

Howard Williams (Hon Road Sec.)

CHEE KSEON

SENIOR MEN		STAGE ONE		STAGE TWO		STAGE THREE		STAGE FOUR		STAGE FIVE		STAGE SIX		FINAL	
	TIME	POS.		TIME	POS.		TIME	POS.		TIME	POS.		TIME	PLACE	
80 BASILDON	Greg Deacon	20 33	13 *	Rob Denmark	38 25	1 *	James Tydenar	57 58	2 *	Gareth Riddell	76 56	1	Mark Sanford	98 3	1
	0 20 33			0 17 52			0 19 31			0 19 0			0 19 7	114 29	
91 ILFORD	B. Bealer	19 28	5 *	P. Clinch	38 18	3 *	R. Nixon	57 50	1 *	R. Dyalciski	78 6	2	I. Campbell	97 26	2
	0 19 28			0 19 51			0 18 31			0 20 16			0 19 20	116 56	
82 CHELMSFORD	David Fewell	19 19	4 *	James Williams	39 38	4 *	L. Pickering	59 24	3 *	Chris Waugh	78 22	3	Simon Fulgoni	99 15	3
	0 19 19			0 20 19			0 19 46			0 19 58			0 19 53	118 21	
85 COLCHESTER H's	M.G. Thompson	19 38	6 *	R. Gaine	40 15	6 *	M. Blacoe	60 22	5 *	P. West	80 40	5	M. Bond	101 10	4
	0 19 38			0 20 37			0 20 7			0 20 18			0 20 30	121 9	
89 HAVERING MAYES	R. Warner	21 22	16 *	M. Bland	41 25	9 *	G. Meley	61 53	9 *	T. Keys	89 6	6	G. Pritchard	101 56	5
	0 21 22			0 20 3			0 20 28			0 27 13			770	122 17	
98 THURROCK	Graeme Garner	19 55	7 *	Chris Hardy	39 45	5 *	Neil McGregor	61 26	8 *	J. Seemark	82 26	7	S. Williams	104 11	7
	0 19 55			0 19 50			0 21 41			0 21 0			0 21 45	125 22	
96 WOODFORD & E.L.	Harold Wyder	20 8	8 *	Kevin Murphy	38 35	2 *	Alan Rugg	59 43	4 *	Michael Rogers	80 39	4	Darren Wright	104 2	6
	0 20 8			0 18 27			0 21 8			0 20 56			0 23 23	125 32	
95 SOUTHEND	C. Miles	19 7	2 *	D. Hallett	40 35	8 *	J. Weaver	60 57	6 *	P. Smaile	82 42	8	R. West	104 52	8
	0 19 7			0 21 28			0 20 22			0 21 45			0 22 10	125 36	
86 COLCHESTER H's	T. Weidron	20 19	17 *	C. Tripp	43 39	18 *	L.G. Thompson	84 22	12 *	D. Holgate	86 13	11	M. West	108 45	10
	0 20 19			0 23 20			0 20 43			0 21 51			0 22 32	130 30	
79 NEWHAM & E.B.	J. Mohamed	20 18	10 *	E. Mehm	40 26	7 *	R. Mead	60 59	7 *	L. Dale	83 26	9	A. Duque	106 41	9
	0 20 18			0 20 8			0 20 33			0 22 27			0 23 15	130 47	
92 ILFORD	T. Knightley	21 21	15 *	I. Watson	42 27	11 *	J. MacDonald	64 58	15 *	M. Clarke	87 41	13	M. Marie	109 10	11
	0 21 21			0 21 6			0 22 31			0 22 43			0 21 29	131 36	
98 HARLOW	Rob Demhurst	19 8	3 *	Matt Jones	42 46	14 *	Frick Ricketts	64 52	14 *	Graham Pugh	90 8	16	Graem Peeters	111 22	14
	0 19 8			0 23 38			0 22 6			0 25 14			0 21 16	131 40	
83 CHELMSFORD	M. Bridgeman	20 24	12 *	K. Wilkinson	42 25	10 *	M. Gibbs	64 17	10 *	D. Roberts	88 55	14	B. Thorpe	111 13	13
	0 20 24			0 22 1			0 21 52			0 24 38			0 22 18	133 9	
81 BILLERICA	Jamie Nunn	18 34	1 *	J. Halliday	46 10	17 *	M. Delea	69 26	17 *	K. Goodwin	90 4	15	M. Keen	111 26	15
	0 18 34			0 27 36			0 23 16			0 20 38			0 21 22	134 18	
84 COLCHESTER & T.	Roy Young	20 17	9 *	Richard Haines	42 28	12 *	Paul Jones	85 12	16 *	Liam Carr	90 7	17	Mark Clark	114 13	16
	0 20 17			0 22 11			0 23 44			0 23 55			0 24 6	136 36	
97 THURROCK	J. Green	21 50	17 *	M. Staines	43 0	15 *	K. Sneed	64 33	13 *	C. Applegate	87 2	12	C. Sterling	110 27	12
	0 21 50			0 21 10			0 21 33			0 22 29			0 23 25	139 11	
94 MID ESSEX CASUALS	Danny Clark	24 34	18 *	Ian Fookew	48 11	18 *	Greg Whisker	72 43	18 *	Brian Butcher	97 35	16	Dave Game	122 42	17
	0 24 34			0 24 37			0 23 32			0 24 52			0 25 7	147 30	
90 HAVERING MAYES	M. Hays	21 0	14 *	N. Collins	42 39	13 *	T. Collins	64 20	11 *	R. Middleton	85 38	10			17
	0 21 0			0 21 39			0 21 41			0 21 18				24 48	
FASTEST LAP ROB DENMARK (BASILDON) 17mins 52 sec															