

ESSEX COUNTY AAA YOUNG ATHLETES & VETERANS ROAD RELAYS, Colchester, Essex 30th March 2003

All Athletes ran 3,000 metres.

BOYS UNDER 13 - 3 x 3,000m

1. BASILDON A C	31. 38	M Sampford 10. 35	S Shane 10. 57	J Shane 10. 06
2. ORION H	31. 51	G Lewis 10. 14	A Farmer 11. 01	A Wright 10. 36
3. WOODFORD GN & EL	32. 40	R Sparke 10. 41	A Cornwall 10. 31	M Abbam 11. 28
4. HARLOW R C	33. 50	S Saville 11. 25	R Ponton 11. 54	J Hamilton 10. 31
5. COLCHETSER & T A C	33. 55	L Heard 10. 48	A Gladley 11. 20	S Beer 11. 47
6. THURROCK H	33. 59	J Arundell 10. 37	C Arundell 12. 42	S Johnson 10. 40
7. WOODFORD GN 'B'	34. 28	G Rudelhoff 11. 24	J Downes 11. 39	T Hollis 11. 25
8. BASILDON A C 'B'	37. 30	A Ellard 13. 48	J Reynolds 11. 54	R Webb 11. 48
9. HAVERING MAYS A C	38. 18	G Twist 10. 40	M Pearce 14. 03	J Evans 13. 35
10. COLCHESTER & T 'B'	39. 19	J Davies 12. 38	J Cawley 13. 37	A Blackman 13. 04

Incomplete Teams -

CHELMSFORD A C	P Hawkings 11. 10	C Missen 12. 34
COLCHESTER H	C Goldring 11. 21	T Cuts 14. 33
NEWHAM & ESSEX BEAGLES	P Haines 9. 50	B Shocers 13. 03

FASTEST LAP - P HAINES (NEB) 9. 50

BOYS UNDER 15 - 3 x 3,000m

1. SOUTHEND A C	27. 51	D Crichton 9. 13	C Lee 9. 37	M Bailey 9. 01
2. THURROCK H	28. 41	P Bumstead 9. 27	R Haydon 10. 33	A Livingstone 8. 41
3. COLCHESTER H	30. 26	M Kirby 10. 10	L Gamble-Thompson 10. 06	M Shean 10. 10
4. CHELMSFORD A C	30. 50	M Woodley 10. 05	C Siswick 10. 50	P McAdams 9. 55
5. CHELMSFORD A C 'B'	33. 08	I Davies 10. 53	D Davies 11. 07	T Heslop 11. 08
6. WOODFORD GN & EL	34. 17	J Newman 11. 26	T Phillips 11. 18	J Dowse 11. 33
7. NEWHAM & EB	34. 25	A Russo 10. 55	D Okojie 11. 31	S Hellmers 11. 59

Incomplete Teams -

CHELMSFORD A C 'C'	R Davies 12. 14
COLCHESTER & T A C	R Blackman 10. 49 L Brown 12. 03
HARLOW R C	D Adams 10. 18
HAVERING MAYS A C	A Reece 9. 47 C Newton 11. 46

FASTEST LAP - A LIVINGSTONE (Thur) 8. 41

MEN UNDER 17 - 3 x 3,000m

1. WOODFORD GN & EL	27. 45	T Snow 8. 42	P Groom 9. 58	J Long 9. 05
2. NEWHAM & EB	28. 09	R Mead 9. 45	E Melin 9. 09	A Ali 9. 15
3. CHELMSFORD A C	28. 34	J Ferguson 9. 34	M Misson 9. 24	O Fahey 9. 36
4. BASILDON A C	29. 21	M Cleall 10. 07	D Shane 9. 40	D Bottjer 9. 34
5. CHELMSFORD A C 'B'	30. 35	W Wright 9. 47	T Henderson 10. 17	D Hutley 10. 31
6. COLCHESTER H	31. 45	S King 10. 58	A Boyton 10. 29	D Steadman 10. 18

Incomplete Teams -

NEWHAM & EB 'B'	S Burke 10. 01	J Russo 10. 10
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FASTEST LAP - T SNOW (WG & EL) 8. 42

UNDER 13 GIRLS - 3 x 3,000m

1. SOUTHEM A C	34. 41	L Bouchard 12. 11 N Baynes 11. 46 N Bailey 10. 44
2. BASILDON A C	34. 59	D Dignum 11. 38 N Firth 12. 25 K Sefton 10. 56
3. HAVERING MAYS. A C	35. 10	M Rpberts 11. 54 A Adams 11. 18 C Robinson 11. 58
4. NEWHAM & EB A C	35. 37	K Fox 10. 59 E Hellman 12. 38 A Charter 12. 00
5. HAVERING MAYS AC'B'	35. 45	F Clark 12. 14 I Deane 11. 52 H Thomas 11. 39
6. ORION H	35. 57	A Farrier 12. 23 J Snow 11. 59 L Tenbey 11. 35
7. HAVERING MAYS AC'C'	37. 22	R Newman 12. 20 C Humphries 12. 28 A Watkins 12. 34
8. COLCHESTER H	37. 44	E Neal 12. 25 K Spiller 13. 02 L Lancaster 12. 17
9. SOUTHEM A C 'B'	38. 21	N Hutchins 12. 12 N Clarke 13. 31 J L Aspinall 12. 38
10. COLCHESTER & T AC	38. 49	K Gardner 12. 05 N Duffield 12. 57 H Tibbert 13. 47
11. CHELMSFORD A C	39. 10	R Haley 12. 03 C Gant 13. 06 M Davis 14. 01
12. ORION H 'B'	39. 41	T Conway 12. 30 L Todd 13. 54 D Gatehouse 13. 17
13. HARLOW R C	40. 27	K Townson 13. 42 M Smith 12. 59 A Adams 13. 46
14. WOODFORD GN & EL	41. 25	A Bourdillon 12. 41 S Foley 14. 14 F Herbert 14. 30

Incomplete Teams -

BASILDON A C 'B'	H Chatfield 12. 40 D Lovelock 13. 15
HAVERING MAYS. 'D'	L Newton 13. 53

FASTEST LAP - N BAILEY (South) 10. 44

UNDER 15 GIRLS - 3 x 3,000m

1. ORION H	32. 27	D Sale 10. 21 C Mussington 11. 31 C Conway 10. 35
2. HAVERING MAYS AC	34. 20	L Clark 11. 39 H Roche 11. 45 R Matson 10. 56
3. BASILDON A C	35. 00	A Whitfield 11. 26 J Fowler 12. 43 H Moore 10. 51
4. CHELMSFORD A C	35. 03	J Dunn 12. 05 L Jarvis 12. 22 K Bussick 10. 36
5. HAVERING MAYS AC'B'	35. 20	L McVicar 12. 02 G Clark 11. 51 C Watkins 10. 47
6. WOODFORD GN & EL AC	36. 04	J Sparke 10. 48 K Solcher 12. 32 K Sparke 12. 44
7. CHELMSFORD A C 'B'	36. 12	E Haley 10. 57 R Dunn 12. 41 A Missen 12. 44
8. ORION H 'B'	36. 18	J Kennedy 11. 48 N Kipps 12. 29 L Richardson 12. 01
9. COLCHESTER H	37. 48	H Earle 13. 54 H Bashir 12. 15 S Wheat 11. 39

Incomplete Teams -

BASILDON A C 'B'	E Babb 13. 04
COLCHESTER H 'B'	L Wright 13. 26
COLCHESTER & T A C	E Barke 12. 15 H Reeve 13.14

FASTEST LAP - D SALE (Orion) 10. 21

UNDER 17 WOMEN - 3 x 3,000m

1. BASILDON A C	33. 34	K Tydeman 10. 41 J Butterworth 12. 05 A Lingard 10. 48
2. SOUTHEM A C	35. 03	K Marshall 12. 10 S Daly 12. 06 N Aspinall 10. 47
3. HAVERING MAYS A C	36. 52	R Lyons 11. 07 L Moore12. 44 J Szanti 13. 01

Incomplete Teams -

COLCHESTER & TEND. AC	D Tatum 10. 43 L Schofield 11. 58
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FASTEST LAP - K TYDEMAN (Bas.) 10. 41

VETERAN MEN - 4 x 3,000m

1. WOODFORD GN & EL AC	37. 29	P Chase 9. 29	R Holland 9. 20	T Pamphilon 9. 14	A Coleman 9. 26
2. CHELMSFORD A C	38. 00	C Purse 9. 48	P Tullett 9. 34	C Waugh 9. 14	S Toogood 9. 24
3. THURROCK H	38. 47	N McGregor 9. 31	C Applegate 9. 43	G Wiseman 9. 34	S Williams 9. 54
4. COLCHESTER H	39. 07	S Wallace 10. 35	M Gamble-Thompson 9. 30	D Wright 9. 36	S Langley 9. 26
5. ILFORD A C	40. 28	L Richardson 10. 14	J Batchelor 10. 25	M Clarke 10. 13	I Campbell 9. 36
6. CHELMSFORD A C 'B'	40. 39	B Thorpe 9. 30	G Hart 9. 52	D Wigmore 10. 17	G Green 11. 00
7. THURROCK H 'B'	41. 06	R Russell 10. 03	D Sifford 10. 22	K Evans 9. 42	A Church 10. 59
8. HAVERING '90	41. 18	T Pecaroro 9. 15	C Heapy 10. 14	R Compton 10. 35	M Munson 11. 14
9. BILLERICAY ST.	41. 47	V Mills 9. 56	G O'Doherty 9. 56	I Parkins 10. 56	N Burville 10. 59
10. COLCHESTER H 'B'	46. 43	R Cole 11. 39	P Barrett 10. 45	M Smith 12. 05	M Fergnani 12. 14
11. TIPTREE R R	47. 08	D Mullane 11. 29	R Duffield 12. 10	I Linton 12. 41	A Dick 10. 48
12. BILLERICAY ST. 'B'	47. 16	K Walker 11. 36	J Halliday 11. 52	B Cowling 12. 20	D Monks 11. 28
13. CHELMSFORD A C 'C'	53. 27	M Owen 11. 44	J Hush 11. 16	J Stock 13. 18	J Clark 17. 09

Incomplete Teams -

COLCHESTER H 'C'	A Whiston 11. 43	L Williams 12. 34	
COMP. TEAM	T Pailthorpe (Hav.) 11. 50	D Mills (Thrift G) 9. 52	
ILFORD 'B'	A Nixon 10. 50	G Pells 12. 56	
WOODFORD GN & EL 'B'	G Wootton 9. 56	A Rugg 9. 58	T McCarthy 9. 50

FASTEST LAPS- T APMPHILON (WG & EL) & C WAUGH (CHELM) 9. 14

VETERAN WOMEN - 3 x 3,000m

1. COLCHESTER & TEND A C	32. 21	T Smedley 11. 10	L Tanner 11. 01	M Deasy 10. 10
2. CHELMSFORD A C	33. 12	J Smith 11. 17	B Wallen 11. 18	J Bulgin 10. 37
3. COLCHESTER H	33. 24	L Lavender 10. 54	M Dowell 11. 23	E Newman 11. 07
4. CHELMSFORD A C 'B'	36. 05	H Cybyk 11. 51	S Stark 12. 01	M Jarvis 12. 13
5. COLCHESTER H 'B'	39. 39	F Norris 12. 03	S Cole 14. 17	R Richardson-Wright 13. 19
6. CHELMSFORD A C 'C'	39. 45	S Cliffe 13. 23	E Misson 12. 43	J Grainger 13. 39
7. PITSEA R C	40. 06	A Bent 12. 23	V Sinclair 13. 36	V Vincent 14. 07
8. CHELMSFORD A C 'D'	45. 53	D Johnson 15. 49	M Barchrick 14. 47	D Welch 14. 17
9. PITSEA R C 'B'	47. 45	J Burston 14. 32	J White 18. 02	J Mills 15. 11

Incomplete Team -

COLCHESTER H 'C'	B Gamble-Thompson 16. 14
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FASTEST LAP - M DEASY (Col. & Tend.) 10. 10

ESSEX COUNTY AAA would like to thank THE 'COLCHESTER ATHLETIC CLUBS' and all the OFFICIALS & MARSHALLS for their assistance in staging todays Championships. THIS WAS A NEW VENTURE FOR THE VETERANS CHAMPIONSHIPS - If any Clubs would like any changes to the length of the laps - ALL RUNNERS RUNNING THE COURSE TWICE for EXAMPLE - Please let me know.

Howard Williams (Hon Road Sec.)

84 Tyelands, Billericay, Essex CM12 9PB (01277 625294)

