

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
 YOUNG ATHLETES ROAD RELAY CHAMPIONSHIPS, THURROCK, ESSEX. 20th March 1994

All Championships - 3 x 3000 metres

UNDER 13 BOYS

1. Barking Abbey School	32.06	C Sykes(4) 10.49	V Davis(1) 10.27	C Hawkins 10.50
2. Orion H.	32.42	T Pounds(3) 10.37	T Gaul(4) 11.36	D Hart 10.29
3. Barking Abbey School 'B'	32.57	R Lloyd(8) 11.01	W Ali(3) 11.02	J Duffield 10.54
4. Thurrock H.	32.58	M Evans(7) 10.59	G Archer(6) 11.39	S Frost 10.20
5. Basildon A.C.	33.16	R Hallet(6) 10.56	S Townsend(5) 11.33	P Singh 10.47
6. Colchester Joggers A.C.	33.17	S Burgoyne(2) 10.34	N Quilter(2) 11.22	S Davies 11.21
7. Orion H. 'B'	34.19	D Holder(10) 11.23	A Williamson(9) 11.37	P Holder 11.19
8. Basildon A.C. 'B'	34.28	N Townsend(9) 11.14	J Scanel(7) 11.41	A Lingard 11.33
9. Havering Mayesbrook A.C. 'C'	34.42	R Smith(12) 11.34	J Smith(12) 11.57	L Clements 11.11
10. Havering Mayesbrook 'A'	35.10	N Collins(14) 12.01	R Maughton(13) 11.37	J Loughlin 11.32
11. Thurrock H. 'B'	35.16	S Johnson(5) 10.55	C Pulem(10) 12.18	M Bumstead 12.03
12. Woodford Green A.C. 'A'	35.44	D Davies(1) 10.30	J Wright(8) 12.25	M Bonnick 12.49
13. Newham & Essex Beagles	35.51	J Ball(11) 11.29	D Hoey(11) 12.00	M Wilson 12.22
14. Ilford A.C.	35.58	B Mathew(16) 12.17	J Faulkner(15) 12.10	B Bartlett 11.31
15. Havering Mayesbrook 'B'	36.10	A Sanderson(13) 11.43	P Hewitt(14) 12.12	P Hardy 12.15
16. Havering Mayesbrook 'D'	37.44	C Healey(20) 12.43	S Taylor(17) 12.29	L Bent 12.32
17. Havering Mayesbrook 'E'	37.48	J Denaney(19) 12.34	S Murphy(16) 12.30	A Winston 12.44
18. Woodford Green 'B'	39.30	G Dickens(18) 12.22	S Gilligan(18) 13.24	A Dibble 13.44
19. Havering Mayesbrook 'F'	40.48	J Eve(17) 12.19	A Northropp(19) 13.35	J Dyer 14.54
20. Colchester Joggers 'B'	46.29	I Akehurst(21) 13.21	D Jay(20) 19.40	M Thompson 13.28
Incomplete Team -				
Woodford Green A.C. 'C'		D Elias(15) 12.08		
Fastest Laps -		S Frost(Thurrock) 10.20(Record)	V Davis(Barking) 10.27	D Hart(Barking) 10.29

UNDER 15 BOYS

1. Basildon A.C.	29.17(R)	W Martin(3) 9.54	G Riddell(1) 9.51	S Sterling 9.32
2. Woodford Green A.C.	29.58	D Sharpstone(4) 10.00	P Snook(5) 10.25	S Austin 9.33
3. Thurrock H.	30.09	N Cannon(6) 10.12	N Bangs(3) 9.58	P King 9.59
4. Havering Mayesbrook A.C.	30.25	A Estcourt(2) 9.52	M Cooper(2) 10.17	N Harris 10.16
5. Orion H.	30.33	L Sabatino(1) 9.41	D Young(7) 11.00	K Cressy 9.52
6. Southend-on-Sea A.C.	31.22	P Barry(12) 10.54	D Buckley(6) 9.45	J Church 10.43
7. Chelmsford A.C.	31.24	D Fisher(8) 10.35	W Chatterton(4) 9.39	S Welch 11.10
8. Colchester Joggers A.C.	32.17	J Cudmore(7) 10.15	P Gardham(9) 11.01	G Copley 11.01
9. Havering Mayesbrook A.C. 'B'	32.21	J Loughlin(9) 10.38	A Salmon(10) 10.51	K Benton 10.52
10. Newham & Essex Beagles	33.36	C Layton(10) 10.48	N Hendry(14) 12.12	C Daly 10.36
11. Woodford Green A.C. 'B'	34.06	M Allison(14) 10.56	M Box(12) 11.44	J Pribul 11.26
12. Furtherwick Park School	34.15	D Heale(13) 10.55	K Hughes(11) 11.27	K Watson 11.53
13. Havering Mayesbrook 'C'	34.46	T Pearce(11) 10.53	T Bent(13) 12.05	R Bush 11.48
Incomplete Teams -				
Havering Mayesbrook A.C. 'D'		T Hall(16) 15.48		
Chelmsford A.C. 'B'		S Vincent(15) 12.13	E Duncan(15) 12.41	
Fastest Laps -		S Sterling(Basildon) 9.32	S Austin(Woodford) 9.33	W Chatterton(Chelmsford) 9.39

UNDER 17 MEN

1.Havering Mayesbrook A.C.	28.05(R)	D Walker(1) 9.23 P Hagan(1) 9.31 G Maley 9.11
2.Woodford Green A.C.	28.51	S Caplin(3) 9.41 S Baxendale(4) 9.53 J Daniels 9.17
3.Basildon A.C.	28.56	C Valvona(6) 10.03 E Denmark(3) 9.24 R Cunnibgham 9.29
4.Braintree & District A.C.	29.00	G Brown(2) 9.32 M Brady(2) 9.44 M Sanford 9.44
5.Woodford Green A.C. 'B'	30.30	S Ashley(5) 9.59 M Houghton(5) 9.45 S Seigar 10.46
6.Havering Mayesbrook A.C. 'B'	30.59	J Ives(4) 9.49 M Benjamin(6) 9.58 T Collins 11.12
7.Thurrock H.	31.12	B Monk(9) 11.46 S Allen(8) 9.13 G Bangs 10.13

Incomplete Teams - Havering Mayesbrook A.C.

Havering Mayesbrook A.C. 'C' G Jones(7) 10.12 R Hart(7) 10.42

Newham & Essex Beagles S Niwaz(8) 10.27

Fastest Laps - G Maley(Havering) 9.11(Record) S Allen(Thurrock) 9.13 D Walker(Havering) 9.23

UNDER 13 GIRLS

1.Havering Mayesbrook A.C.	34.29	Z Kouras(1) 11.26 E Wallace(1) 11.42 L Neville 11.21
2.Basildon A.C.	35.37	K Smith(3) 11.50 L Cole(2) 11.46 H Brook 12.01
3.Braintree & District A.C.	36.13	L Sanford(4) 11.55 A Deer(4) 12.13 M Gibbons 12.05
4.Chelmsford A.C.	36.39	L Winter(6) 12.10 L Williams(3) 11.32 L Walland 12.57
5.Orion H.	36.44	K Cox(7) 12.12 L Camford(6) 12.37 L Serierdak 11.55
6.Colchester & Tendring A.C.	37.21	S Goodman(2) 11.39 A Porter(5) 12.46 D Price 12.56
7.Basildon A.C. 'B'	37.42	S Patience(11) 12.28 L Butterworth(7) 12.25 V Harris 12.49
8.Basildon A.C. 'C'	38.05	C Harris(13) 13.06 L Bird(8) 12.11 L Brown 12.48
9.Ilford A.C.	38.47	C Struthers(5) 12.08 S Leachman(9) 13.10 K Rolstone 13.29
10.Southend-on-Sea A.C.	39.09	C Barry(9) 12.22 L Williams(10) 12.58 H Brown 13.49
11.Havering Mayesbrook A.C. 'C'	39.41	S Strakens(20) 13.48 N Issacs(13) 12.40 J Callender 13.13
12.Southend-on-Sea A.C. 'B'	39.46	R Smith(17) 13.13 K Sheem(12) 13.10 H Candler 13.23
13.Havering Mayesbrook A.C. 'B'	39.52	S Alexander(16) 13.13 A Togood(11) 13.06 A Knight 13.33
14.Thurrock H.	40.45	L Green (12) 12.51 D Cooper(13) 13.48 L Baldwin 14.06
15.Ilford A.C. 'C'	41.59	S McDonald(15) 13.09 J Heame(18) 14.54 K Maylin 13.56

Incomplete Teams -

Basildon A.C. 'D' H Nutt(10) 12.27 D Thomas(16) 14.39

Havering Mayesbrook A.C. 'D' K Robinson(21) 14.36

Ilford A.C. 'B' S Kelley(19) 13.29 K Corbett(17) 13.53

Orion H. 'B' K Waldrab(14) 13.08 L Maher(15) 13.44

Southend-on-Sea A.C. 'C' A Simpson(18) 13.18

Woodford Green A.C. M Venning(8) 12.21

Fastest Laps - L Neville(Havering) 11.21(Record) Z Kouras(Havering) 11.26 L Williams(Chelmsford) 11.32

UNDER 15 GIRLS

1.Southend-on-Sea A.C.	34.29	L Hawkes(5) 11.37 H Spackman(3) 11.47 L Gahagan 11.05
2.Havering Mayesbrook A.C.	34.48	S Osborne(4) 11.37 L Naylor(4) 11.53 V Tester 11.18
3.Basildon A.C.	35.19	J Lawford(2) 11.18 K Butterworth(2) 12.04 D Sterling 11.57
4.Chelmsford A.C.	35.45	R Brooks(6) 12.48 E Allen(1) 11.23 M Hewitt 12.44
5.Orion H.	35.54	F Richards(9) 11.57 H Cox(7) 12.37 J Martin 11.20
6.Havering Mayesbrook A.C. 'B'	35.57	M Garberdella(7) 11.46 A Murphy(6) 12.31 L Fair 11.40
7.Ilford A.C.	36.44	R Skelton(10) 12.30 A Davidson(9) 12.46 H Mathew 11.28
8.Thurrock H.	38.11	J Eckersley(1) 10.47 A Davey(5) 13.27 D Taylor 13.57
9.Barking Abbey School	38.54	G Galdden(3) 11.29 L Henty(8) 13.23 K Mead-Farmer 14.02
10.Furtherwick Park School	39.26	D Osborne(12) 12.48 S Fannin(11) 13.34 S Vinten 13.04
11.Basildon A.C. 'B'	39.34	J Winch(13) 12.59 A Rickards(10) 12.52 C Denmark 13.43
Incomplete Teams -		
Havering Mayesbrook A.C. 'C'		E Platt(8) 11.56
Ilford A.C. 'B'		V Manning(14) 13.35 R Kelley(13) 14.55
Chelmsford A.C. 'B'		A Barnes(11) 12.46 D Marie(12) 14.08
Fastest Laps - J Eckersley,(Thurrock) 10.47(Record) L Gahagan(Southend) 11.05 V Tester(Havering) & J Lawford(Basildon) 11.18 11.18		

UNDER 17 WOMEN

1.Colchester & Tendring A.C.	32.23(R)	H Cole(1) 11.06 G Greenhalgh(1) 10.54 C Goff 10.23
2.Chelmsford A.C.	36.08	J Marie(3) 11.28 C Brown(2) 11.58 J Marsh 12.42
3.Southend-on-Sea A.C.	36.49	S West(5) 12.27 C Mooney(4) 12.27 S Owles 11.55
4.Braintree & District A.C.	37.39	A Mills(2) 11.17 H Robertson(3) 13.27 S Cant 12.55
5.Colchester & Tendring A.C. 'B'	37.59	J Cox(7) 13.24 F Cox(6) 13.07 J Carswell 11.28
6.Thurrock H.	38.41	A Cook(4) 12.05 S Monaghan(5) 13.26 N Styles 13.10
Incomplete Team -		
Havering Mayesbrook A.C.		L Truebridge(6) 12.53

Fastest Laps - C Goff 10.23(Record) G Greenhalgh 10.54 H Cole 11.06 (All Colchester & Tendring A.C.)

Essex County AAA wish to thank Thurrock Harriers for the use of their Course and Facilities and also wish to thank all the Officials and Marshalls for their assistance.

Howard Williams (Hon Race Organiser)
84 Tyelands, Billericay, Essex, CM12 9PB.
(0277 625294)

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ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION

Twenty Seventh County Senior Road Relay Championship. Chelmsford, Essex. 5th March 1994

1.CHELMSFORD A.C.	103.10	D Tullett(4) 17.09 A Mussett(2) 16.56 P Tullett(3) 18.12 K Cullen(1) 16.10 J Mills(1) 16.54 A Huckson 17.48
2.WOODFORD GREEN A.C.	103.48	C Brogan(2) 17.02 P Chase(3) 17.27 P Wardle(1) 16.29 J Wallis(2) 17.52 J Goldring(2) 17.30 S Sear 17.28
3.COLCHESTER JOGGERS A.C.	105.16	R Gaine(5) 17.22 P McHugh(5) 17.38 P Spowage(4) 17.48 P Strutt(3) 16.55 S Wood(3) 17.53 S Thomas 17.40
4.BASILDON A.C.	106.11	P Barr(1) 16.50 M Hicks(1) 16.54 N Wetheridge(2) 17.43 E Denmark(4) 18.32 M Whelan(4) 18.32 I O'Leary 17.40
5.HAVERING MAYESBROOK A.C.	106.52	T Robinson(18) 18.42 D English(10) 17.41 P Bettridge(6) 17.18 J Barker(6) 17.34 S Vines(9) 17.41 I Mulley 17.56
6.NEWHAM & ESSEX BEAGLES A.C.	110.00	A Buckingham(8) 17.42 S Herpstead(4) 16.56 M Rogers(5) 18.57 J Gentry(5) 16.43 M Ringsted(6) 19.32 M Devaney 20.10
7.COLCHESTER JOGGERS A.C. "B"	111.20	P West(13) 18.11 S Raw(12) 18.25 M Bond(11) 18.10 T Seakins(9) 18.29 M West(7) 18.09 P Williamson 19.56
8.CHELMSFORD A.C. "B"	111.46	R Charleston(9) 17.55 G Lillywhite(9) 17.59 M Moore(8) 18.14 D Norman(7) 18.56 C Purse(8) 18.33 G Green 20.09
9.THURROCK H.	112.27	P Prosser(20) 19.20 M Packer(17) 18.27 D Sifford(16) 18.54 S Young(12) 18.19 I Smith(10) 18.24 K Evans 19.03
10.ORION H.	113.01	D Norris(11) 18.02 P Filler(7) 17.35 A McDonald(10) 18.54 N Bishop(8) 18.39 C Ande(9) 20.02 G Kelly 19.49
11.ILFORD A.C.	113.14	R Dzikowski(6) 17.31 P Ingvorsen(8) 18.11 D Wright(7) 18.12 S May(10) 20.53 D Gray(11) 19.31 G Webb 18.56
12.WOODFORD GREEN A.C. "B"	114.03	S Goodfellow(16) 18.18 P Stockings(14) 18.29 N Lambert(14) 19.18 S Dunn(16) 19.51 N Mullin(15) 19.36 T Pamphilon 18.31
13.SPRINGFIELD STRIDERS	115.07	K Harris(10) 18.01 M Healy(13) 18.44 R Neenan(13) 18.51 P Claydon(14) 19.27 D Norman(12) 19.50 J Solan 20.14
14.SOUTHEND-ON-SEA A.C.	115.11	M Mansfield(7) 17.32 J Blowers(6) 18.01 C Leeman(12) 20.01 P Green(13) 19.27 M Waine(14) 20.16 P Bearman 19.54
15.HARLOW R.C.	116.28	R Maddams(12) 18.08 G Morris(11) 18.23 M Silver(9) 17.49 G Pugh(11) 20.37 K Tiffin(13) 20.11 B Concannon 21.20
16.BRENTWOOD A.C.	117.06	R Gould(22) 19.24 C Waugh(18) 18.25 A Campbell(19) 19.22 G Warner(21) 21.42 N Golland(18) 19.07 G Nobes 18.56
17.TIPTREE R.C.	117.57	S Dobson(19) 19.04 T Price(21) 19.18 M Beckett(18) 18.30 C Hadcraft(19) 21.59 A Dick(20) 19.44 P Richardson 19.22
18.THURROCK H. "B"	118.17	M Rugg(21) 19.23 P Goodyear(22) 19.12 M Peake(22) 20.10 P Baker(18) 19.54 P Dobbs(19) 19.34 A Ferguson 20.04
19.HARWICH R.C.	119.24	K Bunting(15) 18.14 M Welham(16) 19.04 S Wallace(17) 19.34 P Clark(17) 19.59 C Woodhouse(16) 21.00 I Duggan 21.33
20.CHELMSFORD A.C. "C"	120.56	B Shadwell(14) 18.13 G Greenaway(15) 18.48 J Soul(15) 19.15 G Chatterton(15) 19.33 R Sheffield(17) 22.20 J Herbert 22.47
21.ILFORD A.C. "B"	121.27	P Eustace(26) 19.46 M Layzell(29) 21.16 G Atkins(26) 19.44 L Richardson(25) 19.46 S Trump(22) 19.56 C Potter 20.59
22.PITSEA R.C.	122.45	P McLaughlin(27) 19.48 J Russell(24) 19.12 G Cardinal(21) 19.34 B Hockley(20) 20.22 R Hurley(21) 21.08 K Christmas 22.41
23.COLCHESTER JOGGERS A.C. "C"	122.59	S Wadey(17) 18.32 G Everett(27) 22.13 S Gamham(27) 20.10 T Cudmore(23) 18.44 C Akehurst(23) 21.39 M Davies 21.31
24.SPRINGFIELD STRIDERS "B"	124.44	R Taylor(29) 20.02 C Cornish(26) 20.11 M Jeffrey(28) 21.35 A Coleman(27) 22.32 D Navarrette(24) 20.11 K Wright 20.13
25.TIPTREE R.C. "B"	131.00	D Kingsnorth(32) 20.52 R Hadcraft(31) 21.28 B Dobson(35) 25.57 D Bundy(33) 21.12 T Ford(27) 20.42 M Byford 20.49
26.COLCHESTER JOGGERS A.C. "D"	133.39	M Fergani(33) 21.07 M Dane(28) 19.52 P Foster(29) 21.48 R Moore(30) 23.59 L Williams(25) 22.44 R Malseed 24.09
27.PITSEA R.C. "B"	134.45	F Sevenoaks(34) 21.58 D Edwards(33) 20.52 D Sinclair(32) 21.27 J Sloan(28) 21.32 G Simpson(26) 23.47 P Gudgeon 25.09
28.COLCHESTER JOGGERS A.C. "E"	137.03	P Wood(37) 26.08 A Copley(37) 22.36 T Cudmore(36) 22.44 J Clarke(36) 24.01 P Willis(29) 20.27 D Wright 21.13

Incomplete Teams -

CHELMSFORD A.C. "D" P Griggs(28) 19.58 G Davies(35) 25.22 G Engwell(33) 20.06

Incomplete Teams(Cont.)

ETON MANOR A.C. T Everitt(31) 20.49 S Sayers(30) 20.20 B Adams(30) 21.45 S Fenton(29) 23.49
HARLOW R.C. "B" L Williams(36) 23.06 D Stewart(36) 22.32 N Allen(37) 25.53 V Batten(35) 21.54 C Morgan(30)22,
SOUTHEND-ON-SEA "B" M Wright(35) 22.12 K Naylor(34) 21.43 T Balding(31) 19.30 M Green(34) 26.46 M Seaman(31.29.5;
SPRINGFIELD ST. "C" P Harris(30) 20.43 D Hogg(32) 21.50 C Barker(34) 23.31 R Rodie(32) 21.31 S Pope(28) 24.30
WOODFORD GN. "C" B Skinner(25) 19.42 S Sharp(23) 19.06 A Coleman(23) 20.12 D Baker(26) 22.17

Fastest Lap - K CULLEN Chelmsford A.C. 16.10

Howard Williams(Hon Race Sec.)
84 Tyelands,Billericay,
Essex,CM12 9PB. (0277 625294)

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
 FIRST VETERANS ROAD RELAY CHAMPIONSHIP, Chelmsford, Essex. 5th March 1994

1. THURROCK H.	73.07	P Johnson(2) 18.30	F Palmer(1) 18.53	M Bumstead(1) 17.25	B Sewell 18.19
2. ILFORD A.C.	76.03	G Murdock(1) 18.25	R Mills(6) 20.20	A Catton(2) 17.40	L Roworth 19.38
3. CHELMSFORD A.C.	76.26	P Maddison(3) 18.36	J Sayers(3) 19.31	R Suffield(3) 18.57	M Fletcher 19.22
4. SOUTHEND-ON-SEA A.C.	76.57	P Binns(4) 19.00	D Balthasar(2) 18.24	B Ansell(4) 20.28	A Green 19.05
5. WOODFORD GREEN A.C.	77.51	R Green(9) 20.03	D Cox(4) 18.05	J Fletcher(5) 19.54	J Clay 19.49
6. BILLERICAY STRIDERS	78.01	N Burvill(5) 19.06	B Lundrigan(5) 19.28	D Anderson(6) 19.45	M Madders 19.52
7. COLCHESTER JOGGERS A.C.	79.30	G Clarke(12) 20.25	J Carter(10) 19.46	D Lacy(7) 18.50	J Hart 20.29
8. ORION H.	79.50	D Warner(10) 20.06	H Bosomtwe(9) 20.03	P Cressy(9) 20.34	G Messenger 19.07
9. HAVERING MAYESBROOK A.C.	79.54	T Pailthorpe(6) 19.27	W Roe(7) 19.35	M Robinson(8) 20.06	L Parrott 20.46
10. HARWICH R.C.	81.32	J Driscoll(13) 20.40	J Morley(12) 20.27	R Trinder(10) 20.29	P Gooding 19.56
11. THRIFT GREEN TROTTERS	83.44	V Phillips(14) 20.53	I Walker(15) 21.01	R Lowndes(13) 21.38	K Parry 20.12
12. THURROCK H. "B"	84.21	J Palmer(7) 19.43	C Simson(8) 20.15	B Monk(11) 23.19	T Burton 21.04
13. SOUTHEND-ON-SEA A.C. "B"	85.56	L Sawkins(8) 19.54	D Saunders(14) 21.53	R Dawson(14) 22.40	G Hewitt 21.29
14. SPRINGFIELD STRIDERS	88.38	P Hoxby(17) 21.47	D Huckson(17) 23.26	R Walton(17) 21.57	L Clark 21.28
15. HAVERING M. A.C. "B"	88.55	M McVeigh(18) 22.01	S Coleman(11) 18.28	P Winch(12) 22.54	D Bland 25.32
16. PITSEA R.C.	91.36	R Hill(19) 22.31	T Smith(18) 22.55	K Passingham(18) 23.38	J Nevin 22.32
17. ILFORD A.C. "B"	92.43	G Williams(16) 21.23	G Pells(16) 22.05	A Lovett(15) 22.11	D Jones 27.04
18. CHELMSFORD A.C. "B"	92.51	R Graham(11) 20.08	A Cl Ross(13) 21.12	J Wells(16) 25.45	P Dodson 25.46
19. ETON MANOR A.C.	93.37	T Casey(20) 22.49	G Smith(19) 23.51	M Stanley(19) 23.34	M Fitzgibbon 23.03
20. CHELMSFORD A.C. 2c2	95.26	P Harris(21) 23.47	A Tullett(22) 25.24	J Clark(21) 25.45	J Hush 20.30
21. PITSEA R.C. "B"	98.58	D Valaski(22) 24.44	P Franklin(21) 23.26	K Ruston(20) 23.37	P Bates 27.11

Incomplete Team -

HARLOW R.C.

R Parsons(15) 21.11 A Bore(20) 25.34

Fastest Lap - M BUMSTEAD Thurrock H. 17.25

Howard Williams(Hon Race Sec.)
 84 Tyelands, Billericay,
 Essex CM12 9PB. (0277 625294)



ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
SENIOR LADIES ROAD RELAY CHAMPIONSHIP, Chelmsford, Essex. 5th March 1994

1. THURROCK H.	34.09	S Bridger(1) 11.40 J Hughes(V) 11.25 J Skinner 11.04
2. COLCHESTER JOGGERS A.C.	35.51	A Sloan(7) 12.15 M Ainsley(V)(5) 12.28 L Higgs 11.08
3. ORION H.	36.14	A Clarke(V)(8) 12.23 J Franklin(4) 12.15 M Joyce(V) 11.36
4. CHELMSFORD A.C.	36.26	S Stark(9) 12.36 J Holden(2) 11.02 E Moore 12.48
5. COLCHESTER JOGGERS A.C. "B"	36.51	N Everett(3) 11.49 J Bennett(3) 12.32 A Oakman 12.30
6. ILFORD A.C.	37.09	J Critchley(10) 12.37 S Honey(V)(7) 12.22 P Tester 12.10
7. CHELMSFORD A.C. "B"	37.51	L Branch(2) 11.43 J Maskell(6) 13.11 T Minton 12.57
8. HARWICH R.C.	38.49	C Tisbury(5) 12.08 P Gooding(V)(9) 13.18 E Knott(V) 13.23
9. COLCHESTER JOGGERS A.C. "C"	38.59	L Keeble(11) 12.42 C Bishop(V)(10) 13.20 L Cudmore(V) 12.57
10. BASILDON A.C.	41.11	H Meehan(17) 13.49 L Matthews(V)(11) 13.30 L Parison 13.52
11. HARLOW R.C.	41.25	P Maylon(V)(14) 13.23 C Witham(13) 14.22 K Pugh 14.40
12. EAST LONDON R.C.	41.32	S Donohue(6) 12.12 J Cripps(17) 16.06 L Morgan 13.26
13. SPRINGFIELD STRIDERS	41.42	A McQueen(18) 14.06 A Walker(V)(15) 13.40 L Standen 13.56
14. BILLERICAY STRIDERS	41.46	J Aspinall(V)(4) 12.01 C Williams(8) 13.15 S Quinlivan 16.30
15. COLCHESTER JOGGERS A.C. "D"	42.24	C Holmes(V)(15) 13.31 I Firth(12) 14.06 A Simmons 14.59
16. ILFORD A.C. "B"	42.30	P Jones(V)(12) 12.48 V Skelton(16) 15.03 G Bird 14.39
17. TIPTREE R.C.	42.49	A Mills(22) 14.36 S Mullinder(22) 14.26 S Baker 13.47
18. ILFORD A.C. "C"	43.11	K Brooks(21) 14.28 C Gains(20) 14.29 W Meader 14.14
19. BASILDON A.C. "B"	43.35	M Winch(V)(23) 14.48 J Macconnachie(23) 14.28 R Wadds 14.19
20. PITSEA R.C.	44.24	B Dawson(20) 14.17 V Sinclair(21) 14.43 T Lewis 15.24
21. HARWICH R.C. "B"	44.35	K Snowling(13) 13.20 M Nunn(V)(19) 15.33 J Thomas(V) 16.32
22. SOUTHEND-ON-SEA A.C.	45.58	M Williams(25) 15.33 L Shuttleworth(25) 15.51 J Candler 14.34
23. TIPTREE R.C. "B"	46.05	B Wallen(19) 14.06 C Sees(18) 14.28 M Studholme(V) 17.31

Incomplete Teams

PITSEA R.C. "C"
HARLOW R.C. "B"

R Stephens(27) 16.52 J Frake(28) 19.27
V Wright(24) 15.02 S Levene(V)(26) 16.45

Fastest Lap - J HOLDEN Chelmsford A.C. 11.02
Fastest Vet. Lap - J HUGHES Thurrock H. 11.25

Howard Williams(Hon Race Sec.)
84 Tyelands, Billericay,
Essex, CM12 9PB. (0277 625294)

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
 FIRST VETERANS ROAD RELAY CHAMPIONSHIP, Chelmsford, Essex. 5th March 1994

1. THURROCK H.	73.07	P Johnson(2) 18.30	F Palmer(1) 18.53	M Bumstead(1) 17.25	B Sewell 18.19
2. ILFORD A.C.	76.03	G Murdock(1) 18.25	R Mills(6) 20.20	A Catton(2) 17.40	L Roworth 19.38
3. CHELMSFORD A.C.	76.26	P Maddison(3) 18.36	J Sayers(3) 19.31	R Suffield(3) 18.57	M Fletcher 19.22
4. SOUTHEND-ON-SEA A.C.	76.57	P Binns(4) 19.00	D Balthasar(2) 18.24	B Ansell(4) 20.28	A Green 19.05
5. WOODFORD GREEN A.C.	77.51	R Green(9) 20.03	D Cox(4) 18.05	J Fletcher(5) 19.54	J Clay 19.49
6. BILLERICAY STRIDERS	78.01	N Burvill(5) 19.06	B Lundrigan(5) 19.28	D Anderson(6) 19.45	M Madders 19.52
7. COLCHESTER JOGGERS A.C.	79.30	G Clarke(12) 20.25	J Carter(10) 19.46	D Lacy(7) 18.50	J Hart 20.29
8. ORION H.	79.50	D Warner(10) 20.06	H Bosontwe(9) 20.03	P Cressy(9) 20.34	G Messenger 19.07
9. HAVERING MAYESBROOK A.C.	79.54	T Pailthorpe(6) 19.27	W Roe(7) 19.35	M Robinson(8) 20.06	L Parrott 20.46
10. HARWICH R.C.	81.32	J Driscoll(13) 20.40	J Morley(12) 20.27	R Trinder(10) 20.29	P Gooding 19.56
11. THRIFT GREEN TROTTERS	83.44	V Phillips(14) 20.53	I Walker(15) 21.01	R Lowndes(13) 21.38	K Parry 20.12
12. THURROCK H. "B"	84.21	J Palmer(7) 19.43	C Simson(8) 20.15	B Monk(11) 23.19	T Burton 21.04
13. SOUTHEND-ON-SEA A.C. "B"	85.56	L Sawkins(8) 19.54	D Saunders(14) 21.53	R Dawson(14) 22.40	G Hewitt 21.27
14. SPRINGFIELD STRIDERS	88.38	P Hoxby(17) 21.47	D Huckson(17) 23.26	R Walton(17) 21.57	L Clark 21.28
15. HAVERING M. A.C. "B"	88.55	M McVeigh(18) 22.01	S Coleman(11) 18.28	P Winch(12) 22.54	D Bland 25.32
16. PITSEA R.C.	91.36	R Hill(19) 22.31	T Smith(18) 22.55	K Passingham(18) 23.38	J Nevin 22.32
17. ILFORD A.C. "B"	92.43	G Williams(16) 21.23	G Pells(16) 22.05	A Lovett(15) 22.11	D Jones 27.04
18. CHELMSFORD A.C. "B"	92.51	R Graham(11) 20.08	A.C. Ross(13) 21.12	J Wells(16) 25.45	P Dodson 25.46
19. ETON MANOR A.C.	93.37	T Casey(20) 22.49	G Smith(19) 23.51	M Stanley(19) 23.34	M Fitzgibbon 23.03
20. CHELMSFORD A.C. 2c2	95.26	P Harris(21) 23.47	A Tullett(22) 25.24	J Clark(21) 25.45	J Hush 20.30
21. PITSEA R.C. "B"	98.58	D Valaski(22) 24.44	P Franklin(21) 23.26	K Ruston(20) 23.37	P Bates 27.11

Incomplete Team -

HARLOW R.C.

R Parsons(15) 21.11 A Bore(20) 25.34

Fastest Lap - M BUMSTEAD Thurrock H. 17.25

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